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## Newsletter - American Indian Center, v. 01, no. 03

American Indian Center of Omaha, Inc.

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AMERICAN INDIAN CENTER  
NEWSLETTER

VOLUME 1, NO. 3

JULY - AUGUST, 1978

613 South 16th Street, Omaha, NE 68102

(402) 344-0111

MESSAGE FROM THE DIRECTOR

August 16, 1978

Dear American Indian Community,

We would like to welcome all our readers of what we consider vital Indian News.

The American Indian Center is in the process of changing our current Newsletter to be distributed to our Omaha Metropolitan Indian residents every other month starting with this publication.

Presently we are in need of an editor to publish our newsletter. If we find a volunteer we can continue our monthly publication. If anyone is interested please contact our Center at your convenience.

The Center has purchased a Ditto machine which we plan to use for our newsletter. Our staff will instruct how to use this Ditto machine for a volunteer who isn't familiar with one.

Any announcements or notices are welcome to publish in our newsletter, so please contact us for publication.

Services for the Omaha Indian Community at the American Indian Center are:

1. Social Services
2. Legal Services
3. Alcoholism Services.

If any news ideas you would like to bring to the attention of our Board of Directors of our Corporation, please contact our Chairperson to get on our monthly agenda.

Contact: Mr. Marlo L. Peniska  
444-5064  
Human Relations Dept.

Respectfully,

*Timothy E. Woodhull*

Timothy E. Woodhull  
Executive Director  
American Indian Center

MIGRANT ACTION PROGRAM

May, 1978, marked the opening of the Omaha office of the Migrant Action Program (MAP). Designed to provide supportive and manpower services to migrant and seasonal farmworkers in the area, the program is housed on the second floor at 2002 "N" street in Omaha.

All persons whose primary employment over the last 18 months has been fieldwork are invited to call the MAP office at 734-4100, or visit the office where family histories are taken to qualify farmworkers for participation in the MAP program.

Among services provided by the Migrant Action Program are: aid in obtaining food stamps; help with skill training; employment counseling; help in obtaining housing; and emergency assistance for farmworkers in need of food, clothing or shelter.

The office of the Migrant Action Program is open from 8 to 5, Mondays through Fridays, and outreach workers Frank Palma and Mario Zendejas may be contacted at home in emergencies (Palma's number is 733-8706; Zendejas' number is 342-2045). Outreach Area Manager for the Migrant Action Program is Ray Gomez. If you are eligible for the above, please call or come into our office between 8:00 - 12:00 a.m..

FELIX WHITE III TO PLAY IN SHRINE BOWL

Felix White III, Lincoln Southeast football standout, will be a participant in the August 5 Nebraska Shrine Bowl All-Star game. According to our information Felix will be the first Indian chosen to play in a Nebraska Shrine Bowl and has been selected Captain of the South squad. (cont. on next page)



Felix White III is the son of Felix White Jr., Executive Director of the Indian Commission.

### TWO APPOINTED TO COMMISSION

Two new members of the Nebraska Indian Commission were introduced at the July 7 meeting. Appointed to the Commission by Governor J.J. Exon were Eileen Jensen representing Sheridan, Deuel, Box Butte and Garden Counties and Marie Welch representing the Santee Sioux Tribe.

Mrs. Jensen is a registered nurse from Alliance and replaces Mark Monroe. Her tribal affiliation is Rosebud Sioux.

Mrs. Welch is a Social Service Worker for the Santee Sioux.

### NIC PURCHASES FILM

The Nebraska Indian Commission has purchased the film "More Than Bows and Arrows". The 56 minute, 16mm, color film is produced by Cinema Associates, Inc. and the 13th Regional Corporation, Alaska natives. It is designed to instill a sense of pride in the history, accomplishments, and contributions of American Indians. It has been well received by all who have seen it.

The Commission hopes copies can be placed in the Educational Service Centers throughout the state.

Anyone wishing to show the film to large groups, contact Felix White, Jr., Executive Director of the Nebraska Indian Commission. No admission may be charged for the showing.

### EMPLOYMENT OPPORTUNITY

Local #85 of the Roofers & Waterproofers will take applications for the Apprentice School on August 28, 1978.

Applications may be made at the Roofers & Waterproofers office of Local #85, located at 11000 North 72nd (on the corner of North 72nd and McKinley Road). Contact Don Lovelady, Business Representative.

### ADULT GIRLS SOFTBALL TEAM STARTS

The American Indian Center is presently sponsoring an Adult Girls Softball Team. If you are interested in playing on this team, please contact Donald Porter, 558-9162.

Also our team practices every night at Logan Fontenelle field at 7:30 p.m.

Additional teams for Youth & Adults will be starting up so get in shape for competition:

Basketball - Bowling - Volleyball

### MIDGET FOOTBALL TEAM STARTS

Sports Coordinator, Mr. Stanley Peniska, is looking for young Indians to play on a team, "Sharks", he coaches at Carter Lake every night at 6:00 p.m. To be eligible you must be:

1. 14 Or under
2. In the 8th grade or under
3. Have a birth certificate
4. Be under 124 pounds
5. Fee of \$15.00

The Sharks also have a cheerleading squad starting up. To be eligible you must follow the same criteria as above. If interested, please call: Mr. Stanley Peniska, at 453-2182.

### SUMMER YOUTH PROGRAM A SUCCESS

Many thanks to the youth that were placed at the American Indian Center. Thank you for remodeling our basement and building our Legal Law Library shelves and the many other projects. We feel it was a rewarding experience both for us and them.

C.E.T.A. Summer Youth Workers:

MARIO ZENDEJAS, Coordinator

WILLIAM EDSON

IRISH SHERMAN

BEN SHERMAN

FRANCES RENZEX

IRISH HARLAN

TARA LOVEJOY

JOHN MILLER

DELPHINE FREEMONT

LYDIA EDSON

ROLAND DAVIDSON

MARLENE COTTON

FLOYD CLINCHER

DORIAN ARMSTRONG

BRENDA RUSSELL

TERRY ABRAM

MARY KEMP

LELAND PARKER

JOE WARNER

BARBARA LAWLESS

EVELYN CABRERA

### FREE LABOR DAY TICKETS FOR PEONY PARK

The American Indian Center has received 20 free tickets for our youth to attend the Labor Day Picnic at Peony Park, September 4, 1978. Tickets were sent in behalf and courtesy of the Omaha and Council Bluffs area business and professional men. These tickets can be picked up by stopping at our Center at your convenience.

### BEDSPREADS DONATED TO CENTER

The American Indian Center has received 20 bedspreads as a donation from the American Family Inn, Bellevue, Nebraska. If you are in need of a bedspread, please stop by.

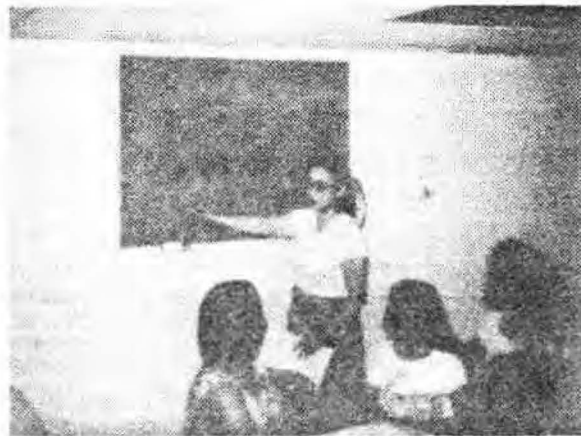
ADULT BASIC EDUCATION CLASSES TO START SEPTEMBER 13, AT AMERICAN INDIAN CENTER

The Spring Adult Basic Education classes at the American Indian Center were a success. Due to the fact that some of our Indian Community are concerned about getting higher education the Omaha Public School system is continuing the classes soon. If interested call our center and sign up. Many thanks to Ms. Rita Melgares, who did an excellent job.



(B)Torrez, Gladfelter, Melgares, Cantu & Peniska.

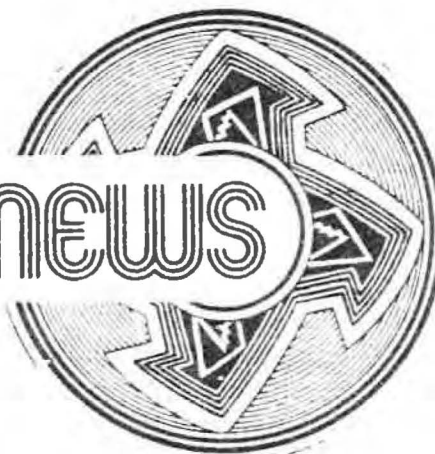
(F)Freemond, Williams, Pallman, Rosas & Free.



Instructor, Rita Melgares

## NATIONAL NEWS

By Vince Lovett

CARTER INDIAN POLICIES CONDEMNED

At a conference on Western culture in Sun Valley, Idaho, following the July 4 holiday, the Carter Administration's handling of Indian affairs was severely criticized by Indian scholars and activists. Alvin M. Josephy, Jr., editor of American Heritage, said that Carter quietly was favoring a policy of termination and said that the Administration was "on its way to being the worst Administration for American Indians since the Eisenhower Administration." Shirley Hill Witt, author and regional director of the United States Commission on Civil Rights said: "We are being subjected to termination under the rubric of reorganization...The Office of Management and Budget is making Indian policy and the Office...doesn't know anything about us." John E. Echohawk, Director of the Native American Rights Fund, said that Carter had started out by making good appointments in Interior and by helping Maine Indians in their

treaty claims, but added that Interior Department officials have little authority and the policies are being made by OMB. The speakers, in the two days devoted to issues on Indians, whites and Western lands, seemed in agreement that Carter's lack of forceful policy statement supporting the observance of Indian treaties was encouraging the anti-Indian backlash. Josephy summed up another common complaint about the Administration's ignorance of Indian affairs. He said: "The Carter Administration has no understanding of American Indians, of Indian history or Indian policies. It has nothing to do with sympathy. The Carter Administration is full of people who think they're warm and sympathetic. But if they can't even understand why Indians want reservations, they're going to continue to move in an ignorant way."



### INDIAN LAW CENTER GRANT WILL PROVIDE PARALEGAL TRAINING FOR 50

The American Indian Law Center at the University of New Mexico received a grant from the Comprehensive Employment Training Assistance (CETA) agency to provide paralegal training for 50 American Indian and Alaska Natives during an eight month program.

Applicants must meet CETA eligibility requirements and must be from federally recognized tribes. Residence on a reservation or a permanent address is required.

Following the training, the participants will be placed in positions with Indian organizations, state or federal government agencies or with their tribes, the project staff assistant, Theresa Gomez, said.

Further information about program and applicant requirements can be obtained from Theresa Gomez or Ms. Toby Grossman, Paralegal Training Project, American Indian Law Center, UNM, 1117 Stanford N.E., Albuquerque, New Mexico, 87131, or call (505) 277-5462.

### NCAI STALLS ON SUPPORT

Delegates to the National Congress of American Indians mid-year conference refused to give approval to the "Longest Walk", a protest demonstration now gathered in the nation's capital.

The request for approval was tabled, "until more could be learned about the group's intentions."

Delegates questioned the handling of finances by leaders of the protest, as well as their failure to be officially represented by most of the nation's largest tribes.

A previous meeting, however, had discussed ways of easing possible confrontations between the walkers and the authorities in the District of Columbia.

The churches, however, have been generally sympathetic and supportive of the protest. The Methodist Church alone has contributed more than \$25,000 for aid to the demonstrators while they are in Washington.

### BILL ENCOURAGES NONINDIANS TO LEAVE BIA

A bill which will encourage nonIndians with 20 years service to leave the Bureau of Indian Affairs and Indian Health Service was voted out of committee last month.

It is expected to be passed before July 4th according to veteran Congress watchers.

The measure provides incentives for nonIndians to accept early retirement. It is the result of

a 1974 Supreme Court decision which expanded the application of Indian preference policy and halted career development for many employees of the BIA and IHS.

### NCAI CONVENTION

The 35th Annual Convention of the National Congress of American Indians will be held September 18-20, 1978, in Rapid City, South Dakota. The convention will be held at the Rushmore Plaza Convention Center. All member tribes, individual Indian members, and Associate members who have paid their dues and are in good standing are urged to attend the 35th annual convention. Individuals and Tribes who are not presently members are welcomed to join the organization and attend this most important convention.

### INSTITUTE OF AMERICAN INDIAN ARTS ACCEPTING FALL APPLICATIONS

The Institute of American Indian Arts (IAIA) will begin accepting applications for fall quarter August 21 to the 12th grade and Junior College Program.

IAIA will offer its final year to 12th grade students ending its high school program for the first time in its history. During the 1979-80 school year the Institute will become a full Junior College Program under the Bureau of Indian Affairs.

The Institute presently offers an associate of fine arts degree in four areas: 1) two-dimensional (painting, traditional techniques) 2) three-dimensional (ceramics, sculpture, metals) 3) museum training (museology) and 4) creative writing. Many elective classes are offered in photography, glass, dance, drama, printmaking, communication design and Indian cultural studies.

The Institute has entered candidate status for accreditation with the North Central Accrediting Association and the National Association of Schools of Art. IAIA is VA cleared.

For further information contact IAIA Admissions Director, 1400 Cerrillos Road, Santa Fe, New Mexico 87501 or call (505) 988-6493.





BUFFY SAYS BROADCASTERS BLACKLIST HER

Considering herself "blacklisted" as a singer-songwriter in America, Buffy Sainte-Marie, when not appearing on Sesame Street, is very much a bitter activist.

In a wire-story recently the 36 year-old Cree decried "terrorism against activist Indians" giving as examples, "more than 3000 Native American women sterilized without their knowledge or consent in the last three years...200 unsolved murders of Indians in South Dakota...and 11 pending Congressional bills which would harm Indians."

The composer of such antiestablishment songs as "Now That the Buffalo's Gone" and "Universal Soldiers" believes her more recent efforts are being suppressed by the government and radio broadcasters.

MEDIA AN INDIAN 'ROOTS'

NBC is now producing "Indians", a series of four one-hour TV dramas that will date back prior to the white man's insurgence and follow an American Plains Indian family through history.

According to the Network, leading roles will be played by actors with Indian blood, including Will Sampson, who played in the movie "One Flew Over the Cuckoo's Nest".

Scheduled airing dates are yet to be announced.

TIGHTER REIN SOUGHT ON INDIAN AID ROLLS

by Mary Kay Quinlan

Washington - How do you define an Indian?

The Department of Health, Education and Welfare will spend a year studying that question under an amendment to a federal elementary and secondary education aid bill recently passed by the House.

Odd as it may seem, the question is not frivolous, said an aide to Rep. Albert Quie, R-Minn., sponsor of the amendment and ranking Republican on the House Education and Labor Committee.

The current definition of an Indian under the federal Indian Education Act is so broad, Quie's aide said, that almost anyone who called himself an Indian could be considered one.

LEGISLATION TO PROTECT INDIAN CHILDREN

Congressman Morris Udall made the following comments May 3 in introducing legislation to govern the placement of Indian children in foster and adoptive homes:

"But the record indicates that many Indian children are removed from their families on the flimsiest of reasons and without regard to the standards and norms prevailing in the Indian community. The record indicates that many times, Indian children are routinely placed with non-Indian families on the arrogant assumption that obviously the child would be better off in a non-Indian home than an Indian home. Mr. Speaker, an Indian witness before the Commission's task force stated: 'I can remember (the welfare worker) coming and taking some of my cousins and friends. I didn't know why and I didn't question it. It was just done, it has always been done..' It is the purpose of the bill to insure that, no longer, is it 'just done'. It is the purpose of this bill to protect the legitimate interest of the Indian tribe in its own children and to insure that Indian families are not routinely broken up..."

SPECIAL INFORMATION SERVICE

As a special information service, the Indian Arts and Crafts Board accepts "collect" telephone calls from Indian artists, craftsmen, performers, and organizations who want to contact the Board's professional staff in Washington, D.C. for advice and assistance.

As an advisory and information agency, the Board encourages and promotes the development of Native American arts and crafts, and seeks to innovate in the interpretation and preservation of these arts, to foster cultural education, and to stimulate support for Native American culture. The Board does not make grants or loans.

Through this service for Indian people, the Board will pay the long distance charge for the telephone call to Washington, D.C. To contact the Board, you should call between 9:00 a.m. and 5:00 p.m. Eastern time, and tell your local telephone operator that you want to make a Collect Call to: (202) 343-3067.

LEGAL CAREER

The University of Nebraska College of Law is actively committed to the recruitment of Native Americans as members of the legal profession. The needs of a pluralistic society can be met only by full

(cont. next page)

representation of all racial and cultural groups working within the legal system. To further this goal, our law school offers grants, loans, and scholarships for the Indian law student.

Lincoln, home of the University of Nebraska Law College, is a midwestern college town. We have a sizable Indian population active in community affairs and a multimillion dollar Indian Cultural Center under construction. Our locale is central to the Plains region, within a day's driving distance of some of the largest reservations in the country. We can offer prospective Indian law students much in the way of financial and moral support, as well as helping them to discover many challenges through work-study in our Lincoln Indian Center legal assistance program.

Persons applying must have a B.A. or expect one by August of the year for which they apply. They must also file an application for admission to the Nebraska College of Law, take the Law School Admission Test, and sign up for the Law School Data Assembly Service with results to be forwarded to the University of Nebraska College of Law.

Interested persons should write: DeLana Douville, Minority Affairs Committee, University of Nebraska College of Law, Lincoln, Nebraska 68583. We will help with any questions regarding a career in the legal profession.

#### BILLINGS TO HOST AGING CONFERENCE

Billings, MT.- The Second National Indian Conference on Aging, sponsored by the National Indian Council on Aging, will be held at the Montana Convention Center, Holiday-Inn West here August 16-18.

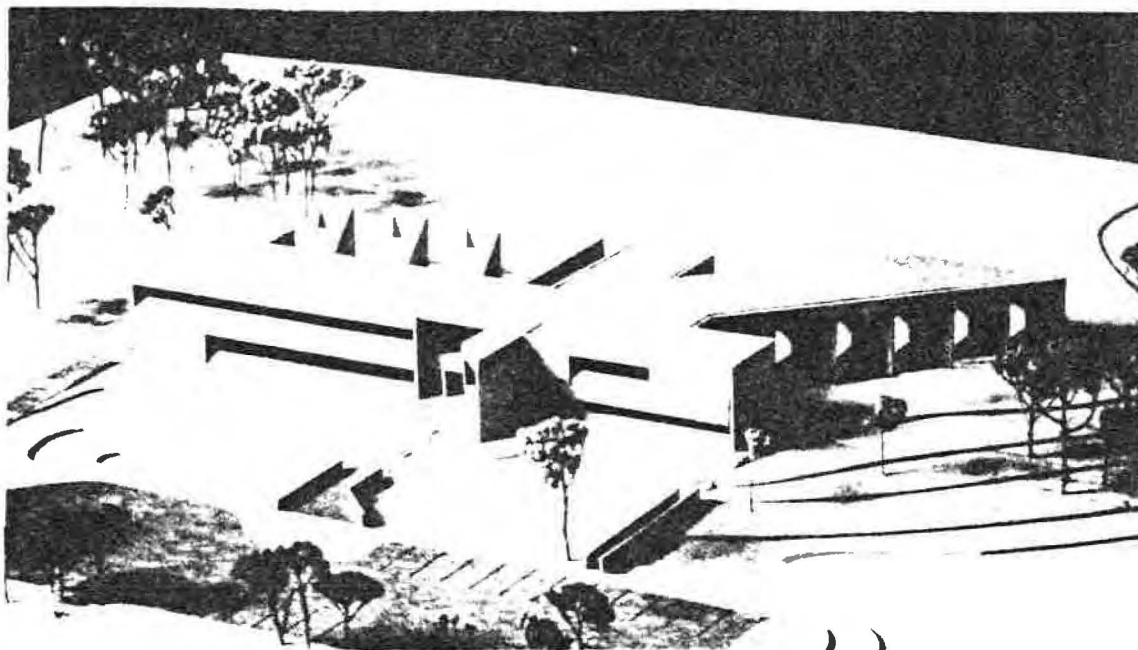
About 2,500 participants from throughout the U.S. are expected to attend the session which aims to reach a coordinated approach to the provision of effective and adequate health-related services needed by the American Indian elderly by combining input from the Indian community with that of service providers and representatives to the governing bodies of the national Indian community.'

The conference agenda includes several workshops. Presently slated are those on Housing of the Indian Elderly, Alcoholism and the Indian Elderly, Spiritual Aspects of Aging, the Physical Well-Being and Mental Health of the Indian Elderly, Community Services for the Indian Elderly, and Alternatives to Institutional Care for the Indian Aged.

Numerous speakers 'with a demonstrated interest' in the total well-being of the Indian elderly have been invited to address conference participants.

The American Indian Center has sponsored Mr. David L. Walker to attend this conference in behalf of our Indian elderly community.

#### NEW LINCOLN INDIAN CENTER TO BE COMPLETED IN 1980.

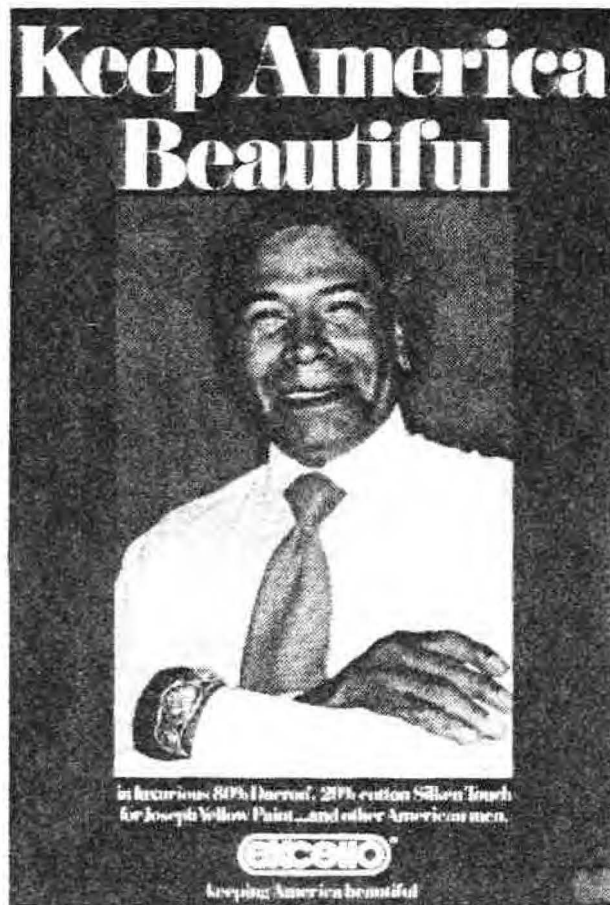


CONGRESS'S NEW INDIAN WAR

Here's a brief explanation of the 11 bills Indians oppose. Some conservationists may be endorsing certain sections of the legislation, but the thrust of the package of bills is overwhelmingly anti-Indian. Even if you can't join the demonstrators, you may want to write your representatives to protest. H.R. 9054 is the big one; it abrogates all Indian treaties in the United States. H.R. 9950 and parts of S.B. 1437 (the rewrite of S.B.1) cut back tribal governing power and jurisdiction over crimes on reservations; H.R. 4169, S.B. 842 and H.R. 9906 extinguish Indian claims to land in Maine and New York; H.R. 9951 cuts back Indians' water rights on reservations; and H.J.R. 1, H.J.R. 206, H.R. 9175 and H.R. 9736 cut back or extinguish Indian hunting and fishing privileges in the entire U.S., with special implications for the Northwest.



"Aw, Let 'em stay . . . what possible harm can they do?"

WE DRANK

We drank for relaxation and got the shakes.  
 We drank for bravery and became afraid.  
 We drank for confidence and became doubtful.  
 We drank to make conversation easier and slurred our speech.  
 We drank to feel heavenly and ended up feeling like hell  
 We drank to forget and were forever haunted.  
 We drank for strength and felt weak.  
 We drank "medicinally" and acquired health problems.  
 We drank for sleep and awakened without rest.  
 We drank for joy and became miserable.  
 We drank for happiness and became unhappy.  
 We drank for socialbility and became argumentative.  
 We drank for friendship and made enemies.  
 We drank for freedom and became slaves.  
 We drank to erase problems and saw them multiply.  
 We drank to cope with LIFE and invited DEATH.  
 WHICH EXCUSE IS YOURS?.....



RECIPESBAIRD ROAST VENISON

5 lbs. roast of venison  
4 strips bacon  
1 large onion  
1 small can tomatoes  
flour, salt and pepper

Dredge the roast with seasoned flour. Fasten the bacon strips across top of roast, place slices of onion with roast. Preheat oven to 450°F. and place roast in the oven for 15 minutes, then reduce heat to 350°F. and roast 20 minutes per pound; the last half hour, pour the tomatoes over the roast, cover and cook to taste.

SWEET MEAT

3-4 lbs. roast  
1-2 teaspoons salt  
1-1½ cups of pecans or other nuts

Cook roast until tender. Cool and cut away any excess fat. Grind meat with nuts. Heat and serve. I also have added raisins, and onions.

VENISON STEAK

Pound steak until tender. Flour steak and brown in frying pan with a small amount of cooking oil. Roast at 300° - 400° until tender.

FRY BREAD

4 cups of flour  
2 cups of water  
3 tablespoons of baking powder  
2 tablespoons of dry milk  
1 tablespoon of shortening  
2 teaspoons of salt

Sift all dry ingredients then mix shortening. Add water slowly. Knead until soft. Mold into shape and size wanted and deep fry. Drain and serve.

FROG LEGS

Frying and broiling are the best ways to cook frog legs. You use only the hind legs. Peel off the skin, cut off the feet and sprinkle with salt and pepper. For frying use a deep skillet with enough fat to cover the frog legs. Dip legs in cracker crumbs, corn meal or flour until well-covered. Heat fat in pan, place legs in hot fat and cook for 5 or 6 minutes. Remove and drain on brown paper bag or napkin.

To charcoal broil, prepare a bed of hickory coals. Straddle each pair of legs along a green stick or stiff wire. Place over coals. Keep away from flame and cook for 8 to 10 minutes. Remove and squeeze lemon juice over them. Serve with tartar sauce or relish.

