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10L. III - NO. 2

AMERICAN INDIAN CENTER OF OMAHA, INC.

FEBRUARY 1980

MESSAGE FROM THE EXECUTIVE DIRECTOR

ear Indian community and Supporters:

ke would like to welcome our readers of HONGA (The Leader). Many thanks we extend to our indian community for their active participation in the activities of the AICO and to the many supporters for their continuing if forts and assistance. The contents of HONGA (The Leader) are basically an update on Indian if fairs from across the nation and within the state. It also presents our progress status o date.

n this month's edition we are happy to anounce that the State of Nebraska has placed heir employees at the AICO to implement the ebraska Energy Assistance Program NEAP for he American Indian community. If you are aving difficulty in meeting the high energy osts, please call the AICO for service.

ICO alcoholism program is now in full opertion in accepting clients on an inpatient/ utpatient basis. If you know of any American ndian who is afflicted with alcoholism in any ay, please call 451-3714 for help.

980 Census. We need American Indians to elp with the 1980 census. These positions ill pay at \$4 and over for 5 weeks startng April 1, 1980. It is critical that e receive an accurate head count of our ndian people. For more information, call he American Indian Center. (See news item n Census, column 1, page 5 of this edition).

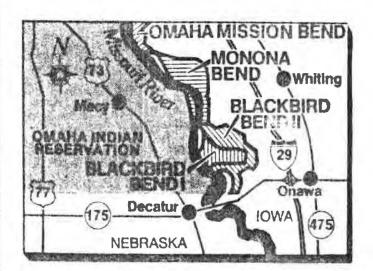
resently the Orphans Aide and the AICO staff re planning a traditional spring celebration n March 22 to give thanks for a new coming pring and a look forward to a good coming ear. This celebration will include a handame, gourd dance, war dance and a traditional ndian feast. Plan now to attend this coming vent.

espectfully,



Recutive Director Merican Indian Center of Omaha, Inc.

rban Representative, Pobraska Indian Commission



OMAHA TRIBE GETS BACK THEIR LAND

A three-judge 8th Circuit panel in St. Louis ruled that the Omaha tribe owns most of 2,900 disputed acres on the east side of the Missouri river across from tribal headquarters at Macy, NE. The value of this land amounts to 11.5 million dollars. In addition, the Omaha tribe is entitled to damages from the land for the past twenty years. This will be a sizeable amount of money.

The Omaha Tribe claims another 8,000 acres nearby and will press its suit to try to recover it. Besides, the tribe seeks millions of dollars in compensation from white persons who have farmed the land for generations and have not given anything to Indians. The Omahas began fighting for this land in 1940, but the Department of the Interior who is trustee of the Omaha tribe refused to support the Indians in the land claim.

White persons claimed ownership by accretion, a gradual change in the river washing away Indian land and creating new land which the whites leveled, planted and farmed for years.

The tribe countered that avulsion, a sudden shift in the channel, put their reservation land on the east side of the river.

• A trial judge ruled in favor of the whites, and the case was appealed to the 8th circuit court and the Supreme Court before returning to the 8th circuit for decision.

Tom Burke of Omaha, representing some of the " whites, said the ruling also apparently leaves whites an "island of land" surrounded by the acreage given the Indians. He added that the panel "let politics get in the way of the law, (Cont'd on page 3, column 1) HONGA (THE LEADER) is published monthly by the American Indian Center of Omaha, Inc., with grant funds appropriated by Administration for Native Americans (ANA) and approved by the AICO Board of Directors. HONGA (The Leader) is mailed free to native Americans and other interested persons/organizations upon receiving a written request and has a circulation of 1,500 copies. All correspondence should be addressed to: The Editor, HONGA (The Leader), American Indian Center of Omaha, Inc., 613 South 16th Street, Omaha, NE 68102.

EDITORIAL STAFF

Editor-in-Chief.....Timothy F. Woodhull Associate Editor.....Wayne Tyndall Mimeograph Operator.....Renee Browning

REPORTERS

DEPARTMENTAL NEWS

SCHEDULE OF UTILITY ASSISTANCE CERTIFICATION AT AMERICAN INDIAN CENTER:

The American Indian Center will have a fulltime utility assistance certifier from the Department of Public Welfare working at the Center through February 15th. If you are a low-income family and are having difficulty meeting the high cost of heating your home, you may be eligible for help.

Frank Keatly	February	7
Bill Webb	February	8
Tony Gargano		11
Bill Webb	February	12
Frank Keatley	February	13
Frank Keatley	February	14
Bill Webb	February	15

For appointment, call 344-0111.

In order to those who would find it difficult to visit the Center during the daytime hours, assistance will be available one evening a week in February. Please call for appointments between 5:30 p.m. - 8:00 p.m. on Wednesday evening, February 13, 20, and on Thursday, February 28th. If you have any questions, please call Linda at 344-0111 for answers.

Certifiers will be at the Center from 8 to 5.

HEALTH CAREERS PROGRAM

The AICO Health Careers Program will be offering information and counseling regarding futures in health and related careers.

A presentation on health and health related careers, will be presented to the elementary and secondary schools in Omaha, particularly those where there is a high concentration of Indian children. The program will also be given at the schools on the three Nebraska reservations -- Winnebago, Omaha and Santee Sioux.

Application kits to apply for scholarships and grants are available at the American Indian Center.

If you are interested or want information: please contact Mrs. Josephine Clinchers at 344-0111 or come into the office at 613 South 16th Street.

QUESTIONS & ANSWERS ON FOOD STAMPS"

- Q: What happens if your food stamps are stolen, destroyed, or lost?
- A: If your stamps are stolen or destroyed, the food stamp office will replace your stamps within 5 days. (If the stamps are stolen, you must report the theft to the police.)

If you lose your stamps after you have received them, the food stamp office will not replace them. However, if you live in a state that uses mail issuance, and the stamps get lost in the mail, the food stamp office must replace them.

- Q: Can people on strike get food stamps?
- A: Yes. People who are on strike can get food stamps if they meet the FSP eligibility requirements (including work registration). The only exception is where the strike has been specifically enjoined under either the Taft-Hartley Act or the Railway Labor Act.
- Q: Can students get food stamps?
- A: Yes, though there are a number of restrictions. Students who are 18 or older cannot get food stamps if they are, or could be, properly claimed as a tax-dependent by a household that is itself not eligible for the FSP. In addition, students who have no dependents of their own must register for work, or be working 20 hours per week in order to qualify. Full-time work is required whenever school is out of session for at least 30 days. Failure to meet either of these requirements will cause the student to be disqualified from the FSP, though the eligibility of the other household members will not be affected.

*FRAC's Guide to the Food Stamp Program, 1979.

CONGRATHINATIONS !!!

Congratulations go out to Lester and Colleen Walker, the proud parents of a baby daughter, Katherine Lynn born December 21, 1979.

HONGA (THE LEADER)

OMAHA LAND CONT'D

unfortunately, because, on legal grounds, there is no question the district court (trial judge) was right." He added that his clients would appeal to the full 8th circuit court, and, if needed, back to the Supreme Court. But chances of the latter rehearing it are remote, he felt. The national implications of the case were evident in that about 50 states filed as friends of the court on behalf of the whites and State of Iowa, including Nebraska where the Omahas have always lived.

William Veeder, famous water rights attorney who fought the case for the Omahas, said the decision was "precedent setting and extremely important up and down the river." Many of the "principles are applicable" in other cases, he said. He called the 8th Circuit ruling as an "excellent opinion" which "puts the burden of proof on a white man when he moves onto land which was in possession of Indians." The whites "accepted the burden of proof" and "pleaded what they couldn't prove," he said. Then added, "This is a very pleasing thing because those Indians have been out of possession and driven from their land without any right at all."

Iribal chairman Cline said the decision "is a great day for the Omaha tribe. I think it restores our faith in the system a little bit."

"Other tribes which have sued (in similar cases) are now in a better position to gain their land," Cline said. "I think they (whites who he said squatted on Indian land) just went their last mile."

Meanwhile, Ruben Snake, chairman of the Winnebago Tribe, said the Winnebagos will meet with Veeder and others in Washington on their proposed lawsuit. The Winnebago Reservation lies adjacent to the Omaha reservation in Nebraska with the Missouri river as their east boundary.

Sheriff Albert Wood of Onawa, Iowa, near where the land is located, said, "The Missouri will flow red." When asked if he had said this he replied," "You damn right I said it." After returning to Macy from Washington Cline said his reaction to Wood's comment was: "White man's blood is red too. If that's the way they want to play the game, we can play that way, too."

Wood's comments brought reactions of surprise and dismay from white and Indians alike.

CULTURAL ACTIVITIES

John Pappan, cultural specialist, is currently working on a letter describing cultural presentations available to the general public in the area. He is doing research on Indian history at the library to become better informed on the truth of American Indians.

Recently, he gave a presentation to the Inter-

(Cont'd next column)

national Christian Youth Exchange group at their meeting in Omaha on January 23.

THREE HUNDRED FIFTY PEOPLE ENJOY GRAND OPENING OF NEW ALCOHOLISM CENTER

The grand opening and dedication of the new alcoholism program and transitional living center (halfway house) was celebrated by 350 people of many cultures and walks of life.

Joe Kemp, Vice-Chairman of the Board of Directors of the American Indian Center, conducted spiritual dedication ceremonies at the halfway house located at the Community Plaza for Human Resources, 4601 North 36th Street in Omaha.

The January 26th program included the ribbon cutting, prayers and the burning of cedar in commemoration of the five-year effort to open a comprehensive treatment program for American Indian recovering alcoholics.

Major activities were then moved to the student center at Metro-Tech, Fort Omaha, including the Gourd dance, traditional feast, and war dance.

The Orphan Aides, a cultural Native American organization and the American Indian Center of Omaha co-sponsored the day's festivities.

Hollis Stabler Sr. was head dancer for the war dance. Paige Parker was head dancer for the gourd dance. Carroll Stabler was head singer for the two events. Clifford Wolfe Sr. and Joe Kemp, spiritual leaders, shared as MC's. Beverly Kemp Eaton was head lady dancer.

Eddie Wolfe, certified head alcoholism counselor, was elected chairman of the Native Indian Board for Alcohol Treatment and Alcoholism (NIBA) meeting at the new halfway house in concurrence with the weekend grand opening. NIBATA is a four-state conducting agency for American Indian alcoholism treatment programs.

Native American people with alcohol abuse and alcoholism problems are encouraged to seek assistance by contacting the Alcoholism Program American Indian Center of Omaha (402) 451-3714 or writing to: 4601 No. 36th St., Omaha, NE 68111.

ADDS:

Two sets of new snow tires for immediate sale. Reasonable. Call Norma at 455-4914.

ANDY'S TRANSMISSION SERVICE 1602 Sprague -- Phone: 344-3373 EXCHANGED - REBUILT - OVERHAULED Services: 1) Check Car 2) Provides advice on car buys 3) Other auto services

CONSUMER TIPS OF THE MONTH

By Linda Azuogu, Home Economist

MILK----BUYING GUIDE

- 1. Buy the largest container of fluid milk that you can use and store; the cost per unit should decrease as the container size increases.
- 2. If you buy nonfat dry milk, compairsonshop for the best product at the lowest cost. Private-label products (such as Surfine, Safeway, etc.) are less expensive than national brands (such as Borden, Carnation, etc.)
- 3. Use as much nonfat dry milk as you can. It is your most-for-the-dollar milk. Buy it in the largest container practical for your use. You will spend more when you buy the package with measured-out units.
- 4. Use evaporated milk for an inexpensive, rich milk in cooking.
- 5. Use the topping mixes instead of whipping cream; they are less expensive in dollars and calories.
- Use nondairy products in coffee; they are somewhat less expensive and may be lower in calories than dairy counterparts.
- 7. Make your own chocolate milk and other milk beverages, including diet drinks and "instant breakfast" mixes.

TOLL-FREE STATE FOOD STAMP HOTLINE

Most states now have toll-free hotlines to answer questions about the Food Stamp Program. Nebraska's hotline, operated by the State Agency, is (800) 742-7630).

LOUGLAS COUNTY FOOD STAMP CERTIFICATION OFFICES

Applicants who live:

- ----South and East of I-80, go to 5134 South 24th Street, 444-7244.
- ----North of Cuming and east of 26th, go to and 40th, go to 3012 Grant, 444-6887.
- ----In order any other area in Douglas County not designated above, go to 1215 South 42nd Street, 444-7201.

GOLD FISH DONATED TO HALFWAY HOUSE

The LaMere family of Omaha has donated several gold fish to the Alcoholism Program and the staff wishes to thank them for this contribution which will help to make the Halfway House a more cheerful place for the patients.

HOW MANY NATIVE AMERICANS COUNTED IN STATISTICS?

By Elsie Harlan, Nutrition Education Specialist

According to the Community Service Administration there are about 188,000 starving Americans just within the state of Nebraska. Now many of our Native Americans are included in those statistics?

(Cont'd next page)

Nebraskas United For Food, an organization that monitors federal food programs reported 280,000 people within the State of Nebraska are eligible for food stamps and only 52,000 (or about 18%) are participating in the program. How many of our Native Americans are eligible, but not participating?

The U.S. Senate's Select Committee on Nutrition and Human Needs reported an inadequate diet is a principal cause of six of ten leading killer diseases. The six being diabetes, some cancers, arteriosclerosis and cirrosis of the liver. How many of our Native Americans are affected by these diseases?

The same question applies to the food sales tax return refund? How many of our people apply? NOTE: You receive a \$20 refund for every household member.

There are many more questions regarding the Native Americans and many arising problems with nutrition and federal food programs. Reports such as those previously mentioned are going to be studied by the Community Food and Nutrition Program at the American Indian Center in Omaha. Emphasis will be placed on health education activities in order to keep the Native Americans up to date on federal programs, insure that they are receiving the benefits to which they are entitled, along with health and nutrition sessions. Take advantage of the programs that will be presented by the Community Food and Nutrition Program. Your input and suggestions will help to find solutions and contacts that will ensure proper attention.

INDIANS CELEBRATE OPENING OF ALCOHOL HALFWAY HOUSE (Article taken from Omaha World Herald)

About 350 American Indians from throughout Nebraska and as far away as Oklahoma joined in festivities January 26 to open of an alcoholism halfway house operated by the American Indian Center of Omaha.

The celebration, co-sponsored by Orphan Aides of Omaha, began with a ribbon-cutting ceremony and open house at the facility, in the Community Plaza for Human Resources, 4601 N. 36th St. Festivities then moved to the Fort Omaha campus of Metropolitan Technical Community College, where Indians performed gourd and war dances, and a traditional feast was held.

Timothy Woodhull, American Indian Center director, said representatives of the Omaha, Winnebago and Sioux tribes took part in the celebration along with the Lincoln and Sioux City Indian communities.

The balfway house includes 15 bedrooms, counseling offices, a kitchen, dining room, creative arts center and spiritual room. It is being funded by a three-year grant of \$141,000 annually from the National Institute for Alcohol Abuse and Alcoholism. Whitmen Barry, a Counsche Indian from Kansas City, will take over as director Rob. 11.***

MISSING PERSON

l_{en}.

Anyone who knows the whereabouts of Joe Pappan, 27, an Omaha Indian, please contact the AICO (402 344-0111). His family is looking for him.

RECIPE

Flains Indian Baked Hominy

- 1 tablespoon butter
- 1 tablespoon flour
- 1 cup milk
- $\frac{1}{4}$ teaspoon salt
- Jurmeric
- 16-oz can golden hominy, drained (2 cups)
- $\frac{1}{2}$ cup grated (medium-fine) cheddar cheese
- 1 slice bread, crumbed and mixed with $\frac{1}{2}$
- tablespoon butter (melted)

Make a white sauce with the butter, flour, milk and salt; stir in turmeric -- as much as only the very tip of a small paring knif will hold; if not golden enough, add this amount again.

Turn half the hominy into a buttered 8-inch ple plate; sprinkle with the cheese; add remining hominy; sprinkle with crumbs. Bake in a preheated 350° oven until very hot in center and bubbly around sides -- 20 minutes; crumbs will crips a little, but not brown. Makes 4 actings. (Double the items for more servings)

SMPLOYMENT - CENSUS TAKERS NEEDED -

The AICO has been notified that American Indians are needed as U.S. Census Takers for the Omaha area. Earn up to \$4/hour or more us a U.S. Census Taker. Census Takers will work full-time 3 to 5 weeks. Training is paid.

In the past, American Indians have been miscounted. Federal funding for American Indians is based on number of people being served. Because of our low count, we are being shortchanged in federal dollars. Make sure you and your family are counted this spring. If you are interested in applying for work as a U.S. Census Taker apply at 116 Applewood Mall, 42 and Center, Center Shopping Center or call 221-3325. Call the AICO for more information.

CULTUPAL PLANNING MEETING

The Orphans Aides and the American Indian Center will hold a cultural planning meeting at the American Indian Center, 613 South 16th St., at 7:00 p.m., on Wednesday, February 13.

This meeting will focus on the planning for the spring traditional doings. All urban community members who are interested in sharing in this planning session are welcome to attend and participate. Plans include a full day's activities of traditional events involving the community and area Indian people. Here to appear in next month's HONGA.



BIRTHDAY CELEBRATION FOR LINDSEY PARKER

Mr. and Mrs. Paige Parker provided an Indian traditional birthday dinner at the new halfway house in honor of their 12 year old son, Lindsey.

Herman Parker Sr. was given the honor to preside over the evening's activities. He prayed for Lindsey and his family to have a more successful future. And he also prayed for our Indian people for them to continue celebrating these occasions in Indian fashion all the time. All AICO Board numbers and staff and the alcoholism staff and clients were especially invited to participate and become more knowledgeable/appreciative of our Indian ways.

Indian traditional foods were prepared and served to the guests who had a happy evening.

CONGRATULATIONS TO LINDSEY ON HIS 12th Firthday celebration:

INCOME TAX SERVICE

The Accounting Department of the American Indian Center is offering a new service to the Native American community. Effective immediately, we will process income tax returns, utilizing the expertise and experience of our existing staff.

Our service is offered to individuals, partnerships, corporations (both regular and Sub-S), farmers, and investors. All returns are completely confidential as dictated by the Privacy Act.

Our fiscal officer, Pauline Blangy, has 25 years of accounting experience. Charges for these services are 75% of the regular charges of other tax services in the area and proceeds will be 100% utilized to defray operating deficits of the American Indian Center. Individual rates will be quoted by our receptionist upon request (Call Sherry Pappan for appointment 344-0111). Open evenings -- Saturdays by appointment.



6 HONGA (THE LEADER)		
1980 SENIOR CITIZEN CELEBRATION DAYS ARTS AND CRAFTS SALE	LEGAL NEWS	
The Arts and Crafts Sale is an opportunity for older people in the Omaha area to display and sell their handmade merchandise. The sale is part of Senior Citizen Celebration Days, a three day festival of education, social, and health-related activities for older people. Any senior citizen organization or any indi-	Ms. Carolyn Williams, our legal secretary, has transferred to the Alcoholism Department and will be the secretary/receptionist at our Halfway House. Carolyn likes her new job Renee' Browning will now be responsible for the legal secretarial work at the Indian Center. Renee commented that she enjoys offic work and is interested in legal matters.	
 vichal at least 55 years old is eligible to participate. Each participant will be responsible for his or her own merchandise. These events will be held Wednesday, Thursday, and Friday, May 14, 15, and 16. (You may register for one, two or three days.) The time will be from 9 a.m. to 3 p.m. The place is: University of Nébraska at Omaha, Milo Pail Student Center, Second Floor, Nebraska Room, 62nd and Dodge Streets. The cost is free. 	The Legal Aid Society in Omaha would like to have some interested Native Americans join their community action groups. These groups are interested in dealing with laws that affect their lives. Some areas in which these groups are active are A.D.C. rights, Landlord- Tenant laws, Consumer Fraud, Neighborhood revitalization. Anyone interested in joining a group, please call the Indian Center legal program or Mary Clarkson at the Legal Aid Society (348-1060).	
Applications may be obtained at the American Indian Center and or call the American Indian Center for an application to be mailed to you.	YOUTH RECREATION By Fillmore Walker Jr.	
If you should have further questions, please call Kathy Sullivan, 554-2272. POW WOW TO BE HELD IN TOPEKA FEBRUARY 16 A pow wow will be held in Topeka on Saturday, February 16th at the Whiting Field House, Washburn University Campus, 17th and Washburn.	The AICO Golden Eagles, our 11 to 13 year old basketball team have finally completed their season with a 2-5 record. They will have par- ticipated in an awards dinner and an All-star game by the time you read this. So we hope to have a trophy on display here soon. I look forward to next year season and was encouraged by our players progress. Hopefully more yound sters will participate next year also and mayt we'll have more funds to work with.	
There will be a gourd dance beginning at 2 p.m. followed by a dinner at 5:00 p.m. and evening war dancing. Head Gourd Dancer is Whitman Harry our new Alcoholism Director. This event is sponsored by the Indian Center of Topeka. INDIAN HEALTH CAREERS ANNOUNCEMENT Mrs. Pearl Johnson of Job Service will be giv- ing a presentation on Job Corps at the American Indian Center February 26 at 6 to 8 p.m. All Ipdian youth are cordially invited to attend. Topics she will discuss offered through Job Corps are 1) careers, 2) training, 3) education, and 4) health careers. Plan to attend.	American Indian Center's "Skins" is our other basketball team for 14 to 17 year olds. They are also competing in the league at the North Y.M.C.A. at 2231 North 22nd St. and play on Thursday nights. They have suffered three losses but are showing improvement each week. With a little more coaching I think that these kids have the potential to go a long way in basketball. In fact I am thinking seriously about entering them in another league as soon as their current season is over. Here is a list of our native American youth basketball players: Nob Gladfelter Larry Bradley Larry Gladfelter Don Monroe Pete Gorrin Jr. Cook	
FOOD STAMP TRAINING SESSION TO BE HELD AT AICO Are you up to date on Food Stamps? If not, plan to attend the Food Stamp Training Session at the American Indian Center (613 S. 16th St.) on March 20th at 1:00 p.m. For further infor- mation contact Elsie Harlan, Nutrition Educa- tion Specialist at 344-0111.	Jeff Morris Perhaps some of you were wondering why Wayne Grant an Omaha Indian wasn't entered in the recent Golden Gloves boxing tournament this year. Well, I spoke with Wayne recently and he said it was because he plans to become a professional boxer. He hopes to be able to make his debut in a boxing card at the Civic Auditorium sometime in mid-March. We'll have more information next month. Mean- while I have averyone in the urban Indian com-	

upon the arrival of a baby girl, Canna Lita. Nario is a former board member of AICO. Mary is the daughter of Mr. and Mrs. Joe Kemp. Mr. Kemp is vice chairman of the Board of AICO. while I hope everyone in the urban Indian

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