

## Principles-Focused Evaluation Measurement Tools Report

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### Acknowledgements

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### Introduction

Throughout 2020, sexual violence (SV) preventionists across Nebraska came together to identify prevention principles for Nebraska RPE. Preventionists identified and agreed upon the following eight prevention principles. Clicking on each principle below will take the user to corresponding evaluation tools. Clicking on the icon next to each principle will return the user to the top of the document.

1. [Believe that all individuals deserve to have healthy and positive relationships](#)
2. [Engage in creative partnerships to prevent violence throughout our communities](#)
3. [Communicate the impact of sexual violence on individuals, families, and society as a whole](#)
4. [Conduct educational programming and activities in ways that are relatable, trustworthy, and credible to the intended audience](#)
5. [Empower individuals and communities to take ownership of sexual violence prevention efforts](#)
6. [Prepare individuals to take actions to promote healthy cultural norms and behaviors to create a culture where consent, equity, and equality are respected](#)
7. [Promote actionable, everyday strategies to prevent sexual violence](#)
8. [Recognize youth as leaders in sexual violence prevention to foster positive interactions and youth-led initiatives](#)

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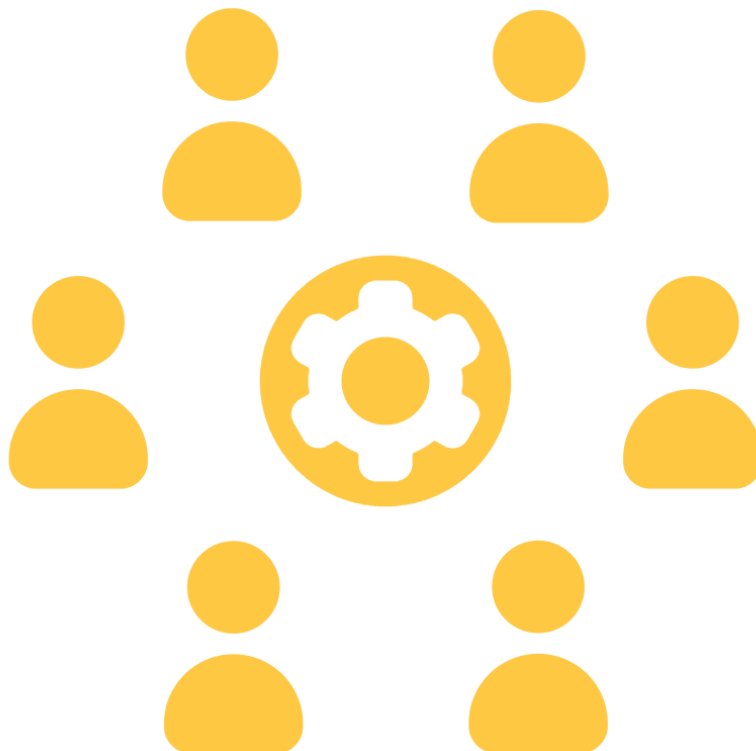
For each of these prevention principles, SV preventionists developed indicators from both preventionists and participant perspectives. The preventionist indicators refer to the actions those providing prevention services may take to implement the principle and the participant indicators refer to the changes experienced by the recipients of prevention programming. These indicators, selected by Nebraska SV preventionists, were used to develop the customized measurement tools contained in this report.

### Evaluating Prevention Principles with Measurement Tools

**Before evaluating prevention principles**, programs are encouraged to first determine which Nebraska RPE prevention principles are **most relevant** to their program's work. When selecting which principles to evaluate, programs should ensure the chosen principles align with the **risk and protective factors** and **outcomes** their program is targeting.

The measurement tools provided in this report are categorized into **questions for evaluating preventionists** and **questions for evaluating participants**. Preventionists include the individuals providing SV prevention programming. Participants include those receiving the program content. After selecting which principles to evaluate, programs can utilize the associated evaluation questions to survey both preventionists and participants. Do not use principle names with program participants as it may bias responses.

As each program will select different principles to evaluate, some questions are duplicated across evaluation tools. **There is no need to ask the question to participants more than once if a program encounters duplicate questions.**





## Prevention Principle #1: Believe that all individuals deserve to have healthy and positive relationships

### What preventionists can do to implement this principle:

- Identify and promote social norms that support and normalize healthy relationships.
- Identify and challenge social norms that accept and normalize unhealthy relationships.
- Teach about the components of healthy and unhealthy relationships.
- Reflect on their own biases and beliefs related to who deserves to have healthy relationships.
- Model their belief that all individuals deserve to have healthy and positive relationships in their words and actions.

### Questions to evaluate this principle with **preventionists**:

	Never	Rarely	Sometimes	Usually	Always
Over the past 6 months, how often did you...					
Identify social norms that support and normalize healthy relationships?					
Promote social norms that support and normalize healthy relationships?					
Teach about the components of healthy relationships?					
Identify social norms that accept and normalize unhealthy relationships?					
Challenge social norms that accept and normalize unhealthy relationships?					
Teach about the components of unhealthy relationships?					
Reflect on your own biases and beliefs related to who deserves to have healthy relationships?					
Model your belief that all individuals deserve healthy and positive relationships in your words and actions?					
Please provide an example to explain your rating on one of the above indicators. This can be a success story or a challenge.					

### What participants may learn from this principle:

- Increased ability to identify components of healthy relationships.

Questions to evaluate this principle with **participants**:

Throughout the class or presentation, the facilitator...		Never	Rarely	Sometime	Usually	Always
Discussed components of unhealthy relationships.						
Discussed components of healthy relationships.						
Provided examples of unhealthy relationships.						
Provided examples of healthy relationships.						
Modeled the belief that all individuals deserve healthy and positive relationships.						

In the past, how likely were you to... Thinking about the future, how likely are you to...		Never	Rarely	Sometimes	Usually	Always
Identify components of unhealthy relationships?	Past:					
	Future:					
Identify components of healthy relationships?	Past:					
	Future:					
Challenge social norms that support unhealthy relationships?	Past:					
	Future:					
Promote social norms that support healthy relationships?	Past:					
	Future:					

Before this class or presentation, how much did you agree or disagree with these statements? How much do you agree or disagree with these statements now?		Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
I am willing to examine my bias on who deserves healthy relationships.	Before:					
	Now:					
I am willing to challenge social norms which accept and normalize unhealthy relationships.	Before:					
	Now:					
I am willing to promote social norms which accept and normalize healthy relationships.	Before:					
	Now:					



## Prevention Principle #2: Engage in creative partnerships to prevent violence throughout our communities

### What preventionists can do to implement this principle:

- Partner with traditional and nontraditional programs and partners across their service area.
- Network with other agencies and leaders across their communities.
- Connect with partners through social media to increase the sharing of awareness and educational information.
- Develop and sustain coalition-building efforts.

### Questions to evaluate this principle with **preventionists**:

	Never	Rarely	Sometimes	Usually	Always
Over the past 6 months, how often did you...					
Partner with traditional programs and partners across your service area?					
Partner with nontraditional programs and partners across your service area?					
Network with other agencies and leaders across communities?					
Connect with partners through social media to increase the sharing of awareness and educational information?					
Develop coalition-building efforts?					
Sustain coalition-building efforts?					
Please provide an example to explain your rating on one of the above indicators. This can be a success story or a challenge.					

### What participants may learn from this principle:

- Increased understanding of how sexual violence prevention impacts their community.
- Increased understanding of their role in sexual violence prevention.
- Increased engagement and preparedness to take action to prevent sexual violence

Questions to evaluate this principle with **participants**:

Throughout the class or presentation, the facilitator...	Never	Rarely	Sometimes	Usually	Always
Discussed how sexual violence impacts my community.					
Informed you on the role you can play in sexual violence prevention.					
Prepared you to engage with sexual violence prevention efforts.					
Prepared you to take action to prevent sexual violence.					

In the past, how likely were you to...	Never	Rarely	Sometimes	Usually	Always
Thinking about the future, how likely are you to...	Never	Rarely	Sometimes	Usually	Always
Believe sexual violence impacts your community?	Past:				
	Future:				
Think about how sexual violence impacts your community?	Past:				
	Future:				
Engage in sexual violence prevention efforts?	Past:				
	Future:				
Take action to prevent sexual violence?	Past:				
	Future:				

Before this class or presentation, how much did you agree or disagree with these statements?	Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
How much do you agree or disagree with these statements now?	Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
Sexual violence impacts my community.	Before:				
	Now:				
Sexual violence prevention efforts exist in my community.	Before:				
	Now:				
I can play a role in preventing sexual violence in my community.	Before:				
	Now:				



### Prevention Principle #3: Communicate the impact of sexual violence on individuals, families, community, and society as a whole

#### What preventionists can do to implement this principle:

- Discuss sexual violence from a public health perspective including its long-term impacts on individuals, families, communities, and society.
- Adapt messages and stories to connect with different audiences.
- Educate in a way that empowers individuals to act.

#### Questions to evaluate this principle with **preventionists**:

	Never	Rarely	Sometim	Usually	Always
Over the past 6 months, how often did you...					
Discuss sexual violence from a public health perspective?					
Discuss the long-term impact of sexual violence on individuals?					
Discuss the long-term impact of sexual violence on families?					
Discuss the long-term impact of sexual violence on communities?					
Discuss the long-term impact of sexual violence on societies?					
Adapt messages and stories to connect with different audiences?					
Educate in a way that empowers individuals to act?					
Please provide an example to explain your rating on one of the above indicators. This can be a success story or a challenge.					

#### What participants may learn from this principle:

- Increased understanding of how sexual violence impacts them, their families, their communities, and even their society, even if they have not experienced it directly.
- Increased interest to engage in community activism, bystander activities, and positive social media interactions.

Questions to evaluate this principle with **participants**:

	Never	Rarely	Sometime	Usually	Always
<b>Throughout the class or presentation, the facilitator...</b>					
Discussed sexual violence from a public health perspective including its long-term impacts.					
Discussed the impact of sexual violence on you and your family.					
Discussed the impact of sexual violence on your community and society.					
Discussed the benefits of community activism.					
Discussed the benefits of bystander activities.					
Discussed the benefits of positive social media interactions.					

	Never	Rarely	Sometimes	Usually	Always
<b>In the past, how likely were you to...</b>					
<b>Thinking about the future, how likely are you to...</b>					
Consider the impact of sexual violence on you and your family?	Past:				
	Future:				
Consider the impact of sexual violence on your community?	Past:				
	Future:				
Talk with friends, family, or coworkers about the impact of sexual violence in your community?	Past:				
	Future:				
Engage in community activism, bystander activities, and/or social media interactions around sexual violence?	Past:				
	Future:				

	Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
<b>Before this class or presentation, how much did you agree or disagree with these statements?</b>					
<b>How much do you agree or disagree with these statements now?</b>					
Sexual violence impacts me and my family.	Before:				
	Now:				
Sexual violence impacts my community.	Before:				
	Now:				
I can play a positive role in preventing sexual violence in my community.	Before:				
	Now:				





**Prevention Principle #4:**  
**Conduct educational programming and activities in ways that are relatable, trustworthy, and credible to the intended audience**

**What preventionists can do to implement this principle:**

- Engage participants through conversations and positive interactions instead of lectures.
- Develop content that is guided or reviewed by the intended audience including survivors and youth. Invite survivors, youth, and other partners to deliver presentations and/or educational materials.
- Know the content they are providing and believe the information themselves.
- Investigate biases they may hold regarding the intended audience and be aware of how those biases might affect the audience.

Questions to evaluate this principle with **preventionists**:

	Never	Rarely	Sometimes	Usually	Always
Over the past 6 months, how often did you...					
Engage participants through conversations and positive interactions instead of lectures?					
Develop content guided or reviewed by the intended audience?					
Invite survivors to deliver presentations and/or educational materials?					
Invite youth to deliver presentations and/or educational materials?					
Invite other partners to deliver presentations and/or educational materials?					
Know the content you provided?					
Believe in the content you provided?					
Investigate biases you may hold regarding the intended audience?					
Make yourself aware of how your biases may affect the audience?					
Please provide an example to explain your rating on one of the above indicators. This can be a success story or a challenge.					

**What participants may learn from this principle:**

- Change in attitudes and beliefs around sexual violence.
- Increased engagement with the content.
- Increased knowledge of ways to access resources.
- Increased interest in sharing what they have learned and/or materials outside of the session.

Questions to evaluate this principle with **participants**:

	Never	Rarely	Sometim	Usually	Always
Throughout the class ore presentation, the facilitator...					
Encouraged participation and positive interactions instead of lecturing.					
Impacted your attitudes and beliefs around sexual violence.					
Increased your knowledge of ways to access resources.					
Increased your interest in sharing what you learned outside of the session?					

In the past, how likely were you to...		Never	Rarely	Sometime	Usually	Always
Thinking about the future, how likely are you to...						
Discuss the impacts of sexual violence in your community with friends?	Past:					
	Future:					
Discuss the impacts of sexual violence in your community with family members?	Past:					
	Future:					
Discuss the impacts of sexual violence in your community with coworkers?	Past:					
	Future:					
Understand how to access sexual violence resources or services in your community?	Past:					
	Future:					
Engage with sexual violence prevention efforts in your community?	Past:					
	Future:					

Before this class or presentation, how much did you agree or disagree with these statements?		Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
How much do you agree or disagree with these statements now?						
Sexual violence is a problem in your community.	Before:					
	Now:					
Sexual violence prevention is possible in your community.	Before:					
	Now:					
Sexual violence is worth discussing with my friends, family, and coworkers.	Before:					
	Now:					



### Prevention Principle #5: Empower individuals and communities to take ownership of the sexual violence prevention efforts.

#### What preventionists can do to implement this principle:

- Identify and communicate the connections across what partners are doing and what they and their organization are doing.
- Identify and challenge social norms that support and normalize sexual violence in the community.
- Provide educational and skill-based content to partners to prepare them to engage in the community education and activism.
- Listen to the concerns, goals, and desires of community partners. Let community partners lead.

#### Questions to evaluate this principle with **preventionists**:

	Never	Rarely	Sometim	Usually	Always
Over the past 6 months, how often did you...					
Identify the connections across what partners are doing and what you and your organization are doing?					
Communicate the connections across what partners are doing and what you and your organization are doing?					
Identify social norms that support and normalize sexual violence in your community?					
Challenge social norms that support and normalize sexual violence in your community?					
Provide educational and skill-based content to partners to prepare them to engage in community education and activism?					
Listen to the concerns, goals, and desires of community partners?					
Let community partners lead efforts?					
Please provide an example to explain your rating on one of the above indicators. This can be a success story or a challenge.					

**What participants may learn from this principle:**

- Increased willingness and ability to be held accountable for their words and actions.
- Increased willingness and ability to help build positive momentum for sexual violence prevention in the community.
- Increased feelings of empowerment for using their voice to prevent sexual violence.

Questions to evaluate this principle with **participants**:

	Never	Rarely	Sometime	Usually	Always
Throughout the class or presentation, the facilitator...					
Discussed how words and actions play a role in preventing sexual violence.					
Discussed methods of enhancing sexual violence prevention in the community.					
Discussed ways you or your organization can be involved in sexual violence prevention in the community.					
Empowered you to use your voice in preventing sexual violence.					

In the past, how likely were you to...		Never	Rarely	Sometimes	Usually	Always
Thinking about the future, how likely are you to...						
Hold yourself accountable for your words and actions around sexual violence?	Past:					
	Future:					
Allow others to hold you accountable for your words and actions around sexual violence?	Past:					
	Future:					
Engage with sexual violence prevention efforts in your community?	Past:					
	Future:					
Use your voice to further sexual violence prevention efforts in your community?	Past:					
	Future:					

Before this class or presentation, how much did you agree or disagree with these statements?		Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
How much do you agree or disagree with these statements now?						
My words or actions can have a negative impact on sexual violence prevention.	Before:					
	Now:					
My words or actions can have a positive impact on sexual violence prevention.	Before:					
	Now:					
I am willing to help build positive momentum for sexual violence prevention in my community.	Before:					
	Now:					
I can use my voice to support sexual violence prevention efforts in my community.	Before:					
	Now:					



## Prevention Principle #6: Prepare individuals to take actions to promote healthy cultural norms and behaviors to create a culture where consent, equity, and equality are respected

### What preventionists can do to implement this principle:

- Define consent, equity, and equality.
- Teach how consent, equity, and equality are connected to healthy norms and behaviors.
- Create safe spaces where trust can emerge.
- Tailor programming to fit communities and cultures so that it is socioculturally relevant.
- Engage men as allies in the work.

### Questions to evaluate this principle with preventionists:

	Never	Rarely	Sometime	Usually	Always
Over the past 6 months, how often did you...					
Define consent?					
Teach how consent is connected to healthy norms and behaviors?					
Define equity?					
Teach how equity is connected to healthy norms and behaviors?					
Define equality?					
Teach how equality is connected to healthy norms and behaviors?					
Create safe spaces where trust can emerge?					
Tailor programming to fit communities and cultures so that it is socioculturally relevant?					
Engage men as allies in sexual violence prevention work?					
Please provide an example to explain your rating on one of the above indicators. This can be a success story or a challenge.					

### What participants may learn from this principle:

- Increased understanding of consent, equity, and equality.
- Increased understanding of how consent, equity, and equality are connected to their lives, community, and society.

Questions to evaluate this principle with **participants**:

Throughout the class or presentation, the facilitator...	Never	Rarely	Sometim	Usually	Always
Defined consent, equity, and equality.					
Discussed how consent, equity, and equality are connected to healthy norms and behaviors.					
Created a safe space for participants to share openly.					
Provided examples of how men can be engaged as allies in sexual violence prevention.					

In the past, how likely were you to...		Never	Rarely	Sometimes	Usually	Always
Thinking about the future, how likely are you to...						
Consider how consent, equity, and equality are connected to healthy norms and behaviors in your life?	Past:					
	Future:					
Consider how consent, equity, and equality are connected to healthy norms and behaviors in your community?	Past:					
	Future:					
Consider how consent, equity, and equality are connected to healthy norms and behaviors in society at large?	Past:					
	Future:					

Before this class or presentation, how much did you agree or disagree with these statements?		Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
How much do you agree or disagree with these statements now?						
Consent, equity, and equality inform your attitudes and behaviors.	Before:					
	Now:					
Consent, equity, and equality inform norms and behaviors in my community.	Before:					
	Now:					
It is important to engage men as allies in sexual violence prevention efforts.	Before:					
	Now:					
There are safe spaces in my community to discuss sexual violence and sexual violence prevention.	Before:					
	Now:					





**Prevention Principle #7:  
Promote actionable, everyday strategies to prevent sexual violence**

**What preventionists can do to implement this principle:**

- Identify and emphasize best practices in healthy relationships rather than focusing on unhealthy relationships.
- Consider and share strategies that can be used across Nebraska to promote sexual violence prevention.
- Communicate strategies for engaging and interactive programming and messaging.

Questions to evaluate this principle with **preventionists**:

	Never	Rarely	Sometimes	Usually	Always
Over the past 6 months, how often did you...					
Identify and emphasize best practices in healthy relationships rather than focusing on unhealthy relationships?					
Consider strategies that can be used across Nebraska to promote sexual violence prevention?					
Share strategies that can be used across Nebraska to promote sexual violence prevention?					
Communicate strategies for engagement through interactive programming and messaging?					
Please provide an example to explain your rating on one of the above indicators. This can be a success story or a challenge.					

**What participants may learn from this principle:**

- Increased recognition of and knowledge about ways to prevent sexual violence.
- Increased ability to identify situations in which strategies can be used to prevent sexual violence.

Questions to evaluate this principle with **participants**:

		Never	Rarely	Sometimes	Usually	Always
Throughout the class or presentation, the facilitator...						
Discussed strategies to prevent sexual violence.						
Discussed ways to identify situations in which strategies can be used to prevent sexual violence.						

		Never	Rarely	Sometimes	Usually	Always
In the past, how likely were you to...						
Thinking about the future, how likely are you to...						
Consider potential strategies to prevent sexual violence prevention?	Past:					
	Future:					
Use strategies to prevent sexual violence prevention?	Past:					
	Future:					

		Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
Before this class or presentation, how much did you agree or disagree with these statements?						
How much do you agree or disagree with these statements now?						
I am capable of preventing sexual violence.	Before:					
	Now:					
I understand different strategies to use in preventing sexual violence prevention.	Before:					
	Now:					



### Prevention Principle #8: Recognize youth as leaders in sexual violence prevention to foster positive interactions and youth-led initiatives

#### What preventionists can do to implement this principle:

- Identify and work with youth leaders across universal, selected, and indicated populations.
- Provide youth with different options for engaging in the work.
- Include youth in discussions on how to reach their peers to educate them on sexual violence prevention and related topics.
- Engage youth to provide feedback and ideas for initiatives.

#### Questions to evaluate this principle with preventionists:

	Never	Rarely	Sometime	Usually	Always
Over the past 6 months, how often did you...					
Identify and work with youth leaders across universal populations?					
Identify and work with youth leaders across selected populations?					
Identify and work with youth leaders across indicated populations?					
Provide youth with different options for engaging in the work?					
Include youth in discussions on how to reach their peers to educate them on sexual violence prevention and related topics?					
Engage youth to provide feedback and ideas for initiatives?					
Please provide an example to explain your rating on one of the above indicators. This can be a success story or a challenge.					

#### What participants may learn from this principle:

- Increased willingness and ability to share prevention programming and messaging with their peers, as well as the wider community.
- Increased skills to engage in sexual violence prevention.
- Increased understanding of how sexual violence prevention skills can be applied to other settings.
- Increased confidence in their ability to make a difference in their communities.

Questions to evaluate this principle with **participants**:

	Never	Rarely	Sometime	Usually	Always
Throughout the class or presentation, the facilitator...					
Taught you skills to engage in sexual violence prevention.					
Discussed how sexual violence prevention skills can be utilized in other settings.					
Increased your understanding of how you can make a difference in your community.					
Provided examples on how to share prevention programming and messaging with your peers and others in your community.					

In the past, how likely were you to...		Never	Rarely	Sometimes	Usually	Always
Thinking about the future, how likely are you to...						
Share sexual violence prevention programming and messaging with your peers?	Past:					
	Future:					
Share sexual violence prevention programming and messaging with your community members?	Past:					
	Future:					
Use your skills to engage in sexual violence prevention?	Past:					
	Future:					
Use sexual violence prevention skills in other settings?	Past:					
	Future:					

Before this class or presentation, how much did you agree or disagree with these statements?		Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
How much do you agree or disagree with these statements now?						
I have the necessary skills to engage in sexual violence prevention.	Before:					
	Now:					
I am confident in my ability to make a difference in my community.	Before:					
	Now:					