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American Indian Center of Omaha, Inc.

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HONGA

"THE LEADER"

VOL. III - NO. 9

AMERICAN INDIAN CENTER OF OMAHA, INC.

SEPTEMBER 1980

MESSAGE FROM THE EXECUTIVE DIRECTOR

Dear Indian community and supporters:

We would like to welcome the readers of our monthly HONGA (The Leader). Since our last HONGA went to press, there has been some very interesting activities in our Indian community, reservations, cities, states and nation involving our Indian people.

In this month's edition of the HONGA, we would like to emphasize the important events taking place during the past month:

1. Community Food & Nutrition grant
2. Socio-Economic Development grant
3. Indian CETA grant
4. Indian sweatlodge ceremonies approval at our spiritual leader Mr. Joe Kemp's home

The Health & Nutrition department staff were successful in receiving a two year grant award to provide health & nutrition services to our Indian community for 1981-82 in the following areas: Access; Self-help; and advocacy. It is unfortunate that our region did not receive sufficient monies to totally fund our grant request. Hopefully, we will receive enough funds to maintain the existing available services aforementioned. Many thanks to: Clyde Tyndall, CFNP Coordinator; Ellen Cunningham, CFNP Social Worker; Elsie Harlan, CFNP Health Educator; Joan Garey, CFNP Community Aide; and Janet Harris, CFNP Intake Worker.

In future years, ANA (Administration for Native Americans) will be implementing a new trend for American Indian Centers across Indian country to attain self-sufficiency within their cities and states for broader and stabilized development. This direction is called SEDS (Socio-Economic Development) which your American Indian Center is now a part of. In the next few days we will be receiving a grant award in the amount of \$55,000. This one time grant is to execute these objectives:

1. Yearly fund raising drive to maintain and develop programs
2. Revenue Sharing grant applications to our city
3. Block grant applications to our city
4. City and state grant applications
5. New building project (new Indian Ctr)
6. To enhance streamlining structure of program efficiency

(Cont'd next column)

Many thanks to these staff and consultants: Wayne Tyndall, assistant director AICO; Raul Barajas, fiscal officer AICO; and consultants Jim Baird, Dan Corcoran and Paul Strawhecker.

Last Thursday (See article, pg. 3) your staff and Indian community members met with Mr. Pete Homer and Mr. Joe Meadows, Department of Labor, Indian Desk to request funds via Lincoln Indian Center (1979 joint grant application) to be allocated to us for a CETA program for the Indian community in Omaha. From all indications, according to Mr. Pete Homer, our request for our own CETA program will be awarded. We await the decision from Mr. Pete Homer within the coming next two weeks.

On September 4, a spiritual sweatlodge ceremony was conducted by Mr. Joe Dick and door man Mr. Wilford Lovejoy. Mr. Joe Dick has approved the American Indian Center Alcoholism Program to sponsor this spiritual activity under his supervision. This is the first branch-off of his sweatlodge. Hopefully in the near future, Mr. Joe Kemp will supervise this activity under the direction and permission of Mr. Joe Dick.

The sweatlodge is open to all American Indians in the area. The next sweatlodge ceremony will be held on September 24, 1980, at 6:30 p.m. at Mr. Joe Kemp's home. There will be a pot luck dinner upon completion of the sweat. Everyone is welcome to attend and participate in both activities; come and pray with us.

In closing, I would like to place emphasis on the services your Indian center has available for you: Your health program, alcoholism program, legal program, education program, outreach program, referral program, health careers program, social services programs.

Once again, we stand ready to assist our urban Indian community people. Come down and make your Center work for you.

In the future, all articles favorable or unfavorable regarding Indian news will be included in the HONGA. Our newsletter will not be onesided. Until next month, stop by and let's visit on your ideas for our people.

Respectfully,

Timothy F. Woodhull
Executive Director, American Indian Center of Omaha
Representative, Nebraska Indian Commission

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Full credit should be given HONGA The Leader when any material therefrom is reprinted.

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Employment Assistance.....Elmer Necklace
Health Careers.....Josephine Clinchers
Fiscal Officer.....Raul Barajas

OCTOBER 4! GOURD DANCE AND WAR DANCE COMMEMORATING HARRISON HARLAN'S RETIREMENT

Saturday, October 4, at 2 p.m., a gourd dance and war dance commemorating Mr. Harrison Harlan's retirement from Navajo Freightlines after 28 years of employment will be held at the small dance arena in Macy, Nebraska, weather permitting. In the event of inclement weather, it will be held in the old gym. Supper will be served before dark.

Staff:

Elmer Blackbird (In Charge)

an Dancer)

Bill Canby (Head Singer)

(Cont'd next column)

Elsie Harlan (Head Lady Dancer)

Ron Sleeper (Head War Dancer)

All club members and Indian people and friends are welcome to attend.

BASKETBALL TOURNAMENT

The Third Annual Northwest All Indian Men's Basketball Tournament will take place this year in Ronan, Montana, October 30 - November 2, organizer Monty Marengo announces.

Plans call for the contest to be a 24-team one, if that many groups send in the \$100 entry fee by the fall deadline...and since an estimated 90 invitations are being mailed out pretty soon, team managers should be making plans to attend right now, Monty says.

The tournament will be at both the high school and new junior high school gyms, under the sponsorship of the CSK Tribes. Prizes will include money (for the top five teams if all 24 slots are filled), trophies and jackets - 12 red championship and 14 blue all-star ones will be awarded.

For more information, write Monty Marengo, P.O. Box 4386, Polson, Montana 59860, or call him at (406) 676-3755 (between the hours of 8 a.m. and 4:30 p.m., weekdays) or (406) 883-2350. Remember. Only the first 24 teams to enter will compete.

LINCOLN INDIAN CENTER POW WOW SEPTEMBER

26, 27, 28, 1980

The Lincoln Indian Center will hold their traditional pow wow on September 26, 27 and 28, 1980, at the Lincoln Indian Center pow wow grounds, 1100 Military Road, Lincoln, Ne.

HEAD STAFF:

CO/MCs.....Marshall Prichard & A-go Sheridan
Headman Dancer.....Howard Wolfe
Head Lady Dancer.....Valla Hoover
Head Boy Dancer.....Winston Stabler
Head Girl Dancer.....Sheree Smith
Head Singer.....Carroll Stabler

O P E N D R U M

Afternoon Traditional Gourd Dance - Evenings
War Dance

Feed Saturday @ 5:00 p.m. by Lincoln Indian
Club

Feed Sunday @ 5:00 p.m. by Grand Opening
Committee

Camping available -- No Alcohol allowed on
Grounds

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MONEY MANAGEMENT AS IT RELATES TO FOOD

By Elsie Harlan, Health Educator

Today than ever before the high cost of food makes it difficult to purchase nutritious foods for the family and leads to families cutting down on food because of the rising prices. If this is the case, make plans to attend the session on "Money Management As It Relates To Food."

The session will be held on September 25, at the American Indian Center of Omaha, Inc., located at 613 South 16th Street, Omaha, from 1:30 p.m. to 3:00 p.m. The event will be sponsored by the Community Food and Nutrition Program department of the AICC.

Transportation will be provided. Call 344-0111 to make arrangements to attend or if you have any questions. Refreshments will be served. Everyone is welcome.

CONSUMER TIPS

By Linda Azuoga, Home Economist

To soften butter, fill a small bowl, one just sufficiently large to cover the butter, with boiling water; let stand a minute or two or until thoroughly heated, then empty the water and immediately turn the hot bowl upside down over the butter. In a few minutes, the butter will be softened so it is just right.

When separating the yolk from the white of an egg, if you drop a portion of egg yolk into the white, moisten a cloth with cold water, touch to the yolk and it will adhere to the cloth.

To bake potatoes quickly, boil them in salted water for ten minutes; then put them into oven. The boiling water will heat them through more rapidly than if they were placed cold into the oven.

Lemon juice or vinegar in the water cauliflower is cooked in makes it keep its snowy white color.

To preserve the color of green vegetables put them on to cook in boiling water with a pinch of soda.

TRIBE IS TOLD HILLS BATTLE NOT COURT'S

The Oglala Sioux Indian tribe Thursday (Sep. 11) lost a round in their federal court fight to have the Black Hills of South Dakota returned to their ownership.

(Cont'd next column)

U. S. District Judge Albert Schatz of Omaha, in a written opinion, declared that the federal district courts no longer have jurisdiction in the matter.

Schatz's opinion said the Oglala Sioux can take their case before the Indian Claims Commission (ICC was dismantled and all pending Indian claims were transferred to the U. S. Court of Claims, Ed. Note).

Following a treaty and an Act of Congress in the 1800s, the Sioux Indian Nation, comprised of several tribes including the Oglala Sioux, filed lawsuits challenging the ownership of the Black Hills.

Early this summer, the U.S. Supreme Court upheld lower court decisions which awarded \$122 million to the Sioux Nation to compensate its tribes for the Black Hills.

In a new suit filed July 18, the Oglala Sioux argued they were not properly represented in the other action; that they do not want their share of the payment, and they want the land returned to their ownership.

DECISION NEAR ON SPONSOR FOR CETA INDIAN PROGRAM

Lincoln AP -- Officials from the U. S. Labor Department said Thursday they will announce within two weeks whether the Lincoln Indian Center will remain the prime sponsor for an Indian Manpower Employment Program for Lincoln and Lancaster County.

The officials conducted a public hearing at the request of the United Indians of Nebraska, which has submitted a petition for reconsideration of the Comprehensive Employment Training Act program sponsorship.

The United Indians of Nebraska, a statewide Indian organization based in Omaha, was sponsor until this year.

Several people representing United Indians claimed the Lincoln Center was mismanaged and had insufficient Indian community support to carry out a successful employment program.

Lincoln Indian Center officials, however, documented progress in serving local Indians.

Representatives from the American Indian Center of Omaha, Inc., were present to support the Lincoln center.

Timothy F. Woodhull, executive director of the Omaha center, said the Omaha representatives wanted to correct a Labor Department oversight, stating that American Indian Center of Omaha was to be included with Lincoln Indian Center's prime sponsorship award.

(Cont'd column 1, page 4)

CETA CONT'D.

Woodhull said the Omaha Indian Center is highly supportive of the Lincoln center in carrying out the mandates of the Labor Department's Indian manpower programs and in the next two weeks "we hope to hear favorable news that our request will be approved and that the Lincoln Indian Center will receive additional dollars for the American Indian Center of Omaha."

OMAHA FOOD & NUTRITION WORKSHOP

By Clyde Tyndall

The American Indian Center's health & nutrition staff will attend a workshop sponsored by Greater Omaha Community Action (GOCA) and Nebraskas United For Food (NUFF) on Monday, September 15 in Omaha. The workshop will be held at the Downtown YMCA at 20th and Harney.

The workshop will focus on hunger among the 180,000 Nebraskans below the poverty level and on possible means to assure that all Nebraskans receive adequate nutrition every day of the year. This is especially important to Indians living in Omaha because our Indian community represents one-third of all Indians living in Nebraska and our participation in most Federal Food Programs is low. We hope to develop and learn new methods by which we can serve our people so that their nutritional needs are met.

AICO HEALTH & NUTRITION DEPARTMENT ESTABLISHES CLIENT-INTAKE RECORD FOR THE YEAR

During the month of August, the Health & Nutrition Department assisted 128 families with various services. This represents the highest number of Indian families served for the current fiscal year. The Health & Nutrition Department is approaching projected goals for the year in most of its activities. In some areas, the Health & Nutrition Department has already surpassed its goals. We hope to continue this kind of service to the Indian community. The Health & Nutrition staff recently received a favorable comment from Mr. John Hanger, Project Coordinator of Nebraskans United for Food (NUFF) whom we work with very closely. He mentioned that the AICO staff was the equal of any Community Food and Nutrition staff in the whole state.

JOAN GAREY RECEIVES "EMPLOYEE OF THE MONTH AWARD" FOR AUGUST

By Clyde Tyndall

Recently hired as Community Aid/Driver, Joan has proved to be a great asset to the staff of the American Indian Center. Through her tireless efforts in Outreach activities and other related duties to the Indian community,

(Cont'd next column)

AICO awards her the customary "Employee of the Month" award for August. She handled fifty-percent of the client load for the month of August. Oft-times she unselfishly went completely out of her way to help clients in severe need. She patiently processed clients for Food Stamp appointments, drove clients to the hospital or to job interviews, visited the sick and elderly in hospitals and nursing homes, represented clients in court, and mobilized several community resources for the future benefit of the Indian community. Joan shows a real interest to help her people and with the added training she will receive at AICO she shows unlimited potential. We at the Indian Center know she will go along way towards serving the Indian people. Thank you sincerely, Joan, and keep up the good work!!

BREAKFAST SALE - By Janet Harris

The American Indian Center will be holding a Breakfast sale. Proceeds from this event will go towards the Arts & Crafts activities.

PLACE: AICO, 613 S. 16th St. (Basement)

DATE: October 3, 1980

TIME: 9:00 a.m. to 12:00 noon

MENU: Pan Cakes, Sausage, Bacon, Eggs and plenty of hot coffee.

PRICE: Adults - \$1.75 a plate
Children - \$1.00 a plate

ALL YOU CAN EAT!!!!

INDIAN TRIBE MAY SUE OVER BLACK HILLS CLAIM

Lame Deer, Mont. (AP) -- The Northern Cheyenne Tribal Council has passed a resolution to study the possibility of suing the federal government for ownership of the Black Hills.

Nine Sioux tribes have won \$117 million for 7 million acres of western South Dakota which the U.S. Supreme Court said was unfairly taken from the Indians by the U.S. Army and white settlers.

The Oglala Sioux Tribe had attempted to block that award, saying they wanted the land, not the money. But a federal judge in Omaha dismissed the Oglala suit last week.

"Our claims are aboriginal," said Northern Cheyenne Tribal Chairman Allen Rowland, who said his grandparents used to tell him about how the Cheyenne occupied the Black Hills before the Sioux did.

"They (Sioux tribal elders) admit it, too," Rowland said. "But the younger Sioux who brought this claim wouldn't let the older people talk to the Cheyenne when we went down there to research our claims."

Rowland said the Cheyenne should have been

(Cont'd column 1, p.

included in any suit brought for claims concerning the Black Hills.

He said the Cheyenne domain once stretched as far east as the Missouri River and covered 55 million acres.

The Cheyenne are interested in the Black Hills, he said, "because that's where all of our covenants come from, our sacred arrows, instructions for the Sun Dance and Sweet Medicine (a Cheyenne prophet)."

The tribe's main goal is to gain control of Bear Butte in the Black Hills, which he called the Cheyenne's "Sacred Mountain."

NEBRASKA INDIAN COLLEGE GOES OUT ON ITS OWN (Learning Centers for Each Tribe)

By Tom Allan (World-Herald staff writer)

Winnebago, Ne. -- The state's newest college, Nebraska Indian Community College, has opened for its first fall semester.

Although headquarters are on the Winnebago reservation, the Indian-controlled college has learning centers for each of Nebraska's three reservations -- the Santee Sioux at Santee, the Omaha at Macy and the Winnebago.

The new college replaces the American Indian Satellite Community College branches which had been administered by Norfolk's Northeast Technical Community College for the past seven years.

Ties Severed

In keeping with the wishes of the Inter-tribal Advisory Council of the three tribes, the new college is on its own. As of July 1 formal ties with Northeast Tech were severed.

But Northeast Tech is giving the new institution its blessings and providing a helping hand.

"Although we have severed formal relations, we are in the process of developing a contract for dual enrollment of students for one year," said Robert P. Cox, Northeast Tech's president.

Cox said that dual enrollment is a technicality while the new college seeks accreditation by the North Central Association of College and Secondary Schools. "They also need it to obtain federal aid."

The satellite program was first financed through the federal Fund for the Improvement of Postsecondary Education. But after the first three years the program was funded by state and local taxes.

Degrees Granted.

The new tribal-controlled college will be
(Cont'd next column)

funded primarily under Public Law 95-471, based on the number of full-time students.

Cox said that under the dual enrollment, Nebraska Indian College students will not be claimed by Northeast Tech as a basis for state aid.

During the seven years under Northeast Tech, more than 50 associate degrees were granted. There was a 70 percent course completion rate and an enrollment rate of around 200 early this year.

Many graduates are in tribal government. Others have gone to other institutions for more specialized training.

There are no regrets at the severance of our program," said Cox. "That is especially since we have seen how well the new college is doing."

Another big factor, he said, is the Indian college's new president, Fred Smith.

New York Native

"We are impressed by Dr. Smith's enthusiasm and ability to lead a new college," Cox said.

"My main goal is meeting the educational needs of Nebraska's Indian tribes," said Smith, 38, a Shoreham, N.Y., native.

To that end, the bachelor, who is beginning his fifth week on the job, was devoting his energies last week to completing enrollment and instilling his basic educational philosophy of making education relevant.

For the past three years, Smith was the planner for the Navajo Community College at Tsaile, Ariz., an institution he described as "one of the oldest and best established of the nation's Indian-controlled community colleges with a budget of \$6 million annually."

Smith is starting with a full-time staff of 12 which will be augmented by part-time instructors. He estimates that 60 percent of the courses will be offered at night to accommodate students who have daytime jobs.

"The budget," Smith said, "has not been determined since it depends on how many full-time students we enroll."

An initial enrollment figure had not yet been obtained from the Santee Center, but college officials said 70 students had enrolled at both Macy and Winnebago.

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INDIAN MEDICINE MEN CAN TEACH MODERN

DOCTORS A THING OR TWO

"Indian medicine men are sometimes better than modern doctors," says an expert in both Indian and modern medicine.

"We doctors tend to teach people how to take medicines instead of teaching them how to change their life-styles, as the Indians do," said Dr. John Coulehan, a University of Pittsburgh Medical School assistant professor and former staff medical officer of the U. S. Indian Health Services Indian hospital in Fort Defiance, Ariz.

When an Indian gets sick, Dr. Coulehan says, he first sees a modern physician. But he also visits his medicine man for help with the psychological and family problems that go along with illness.

Dr. Michael Trujillo, chief medical officer of Indian Health Services in Phoenix, Ariz., agrees:

"The majority of conventional doctors are less likely to look at emotional factors."

Modern physicians might have better success with their patients, both doctors said, if they would take a lesson from the medicine man.

"A doctor who operates from the Indian approach is bound to be better," said Dr. Trujillo.

EDITORIAL

By Wayne Tyndall, Assistant Editor

LAND OR MONEY?

It has been more than a century since Indian treaties were made -- and today we live to witness the final settling of the Great Sioux Nations' Fort Laramie Treaty of 1868.

The Great Sioux Nations should stand as one on what decision is reached either to accept the money or try to get the land back. Many brave Sioux people fought and died for the land.

The U.S. Government should return a share of the sacred Black Hills to the Sioux people and show the world that justice is the highest ideal of mankind.

It will take a strong will and determination on the part of the Sioux peoples to reject the money offer and hold fast for the return of the sacred lands of their forefathers.

The AICO announces that BLACK ELK SPEAKS will open on Broadway late in the fall, Richard Pfanenstiel, producer from Kansas City who has long had association with the production.***

LEGISLATIVE SESSION TO BE HELD AT AICO

On October 9 at 12:45 p.m. a legislative education session will be held at the American Indian Center with State Senator Vard Johnson as speaker, according to Lisa Skoog, legislative assistant of the Nebraska Indian Commission.

Senator Johnson will talk on legislative matters and will answer questions. Everyone is invited to attend the session.

GED CLASSES TO START

GED classes will be held at the American Indian Center starting at 6:30 p.m. and ending at 8:30 p.m. every Monday and Wednesday.

All persons interested in taking GED courses should register at AICO on either of the days the sessions are held.

AMERICAN INDIAN CENTER ALCOHOLISM PROGRAM

The American Indian Center Alcoholism Program has been a total mass of activities and planning for the present and future. To go along with that the Alcoholism Program has sprouted a few new leaves. On September 2, Mr. Nate J. Parker was hired as our new Program Director. Mr. Parker is a full-blooded Omaha Indian from Macy, Nebraska. He is married and has 4 children. Mr. Parker represents a vast and extensive history of work experience and accomplishments not only in Nebraska, but in several other states as well.

Mr. Parker directed the Albuquerque Urban Indian Center in Albuquerque, New Mexico for 3 years. Nate played an active part in various city, federal and private program agencies while providing leadership and coordination and raising nearly \$350,000 through grantsmanship activities for the AUIIC Corporation. He has done extensive work in Alcoholism and Mental Health.

Activities at Alcoholism Program are broadening and extending into further therapy groups and counseling, speakers from various agencies providing alcoholism sessions, films and recreational activities and outings.

All these activities are set up for both in-house clients and out-patient clients alike. We urge the Indian community to participate in our endeavors and invite them to visit our facility at any time. We provide all the basic information on Alcoholism and Drug Abuse.

Coming up this week is our AA Meeting starting Friday at 7:00 p.m. at the Alcoholism Program, 4601 North 36th St., 4th Floor, the Community Plaza for Human Services (Old Immanuel Hospital). Remember, alcoholism is the number one health problem in native Americans today. Methods of correction must come from you, the Indian people.

* * * * *