

2015

New Student Wellness Survey Summary 2015

Student Affairs University of Nebraska at Omaha

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The Survey: The New Student Wellness Survey (NSWS) is a 35 question survey completed by new incoming students as part of the Orientation sign up process. The questionnaire captures student perceptions on the 8 areas of wellness: Emotional, Financial, Intellectual, Occupational, Physical, Social, Spiritual and Environmental, as well as supplemental information. The goal of this project is to connect students who have concerns about their ability to succeed at UNO with appropriate campus resources. To support this goal, University staff attempt to contact all students who indicate a concern in one or more areas on the NSWS.

Results: The NSWS was first implemented in the fall semester of 2013, and 2015 is the third consecutive year that this project has been worked on. Results from this year are consistent with previous findings. Here are some of the highlights:

- 3133 New students completed the survey – 1089 Transfer, 6 Non-Degree, and 2038 First Year (93% of incoming class).
- 1037 Students indicated some sort of concern and 353 with concerns in 2 or more areas of wellness.
- Financial wellness is the largest area of concern with 49% of all First Year student concerns in this area, 52% of all student concerns.
- Intellectual wellness is the second largest area of concern with 38% of First Year student concerns.
- Spiritual wellness is the smallest area of concern with 27 First Year students expressing concerns.
- 92% of all First Year students surveyed expect to graduate in 4 years or less, and 98% within 5 years.
- 34% of First Year students, and 60% of transfer students plan to work 20 or more hours per week while enrolling at UNO. Interestingly, there is no difference in expected graduation time between those working more than 20 hours and those less than 20 hours.



