



February 2021

I Think It's Enough, Isn't It?

William L. Blizek

University of Nebraska at Omaha, wblizek@unomaha.edu

Follow this and additional works at: <https://digitalcommons.unomaha.edu/jrf>

Recommended Citation

Blizek, William L. (2021) "I Think It's Enough, Isn't It?," *Journal of Religion & Film*: Vol. 25 : Iss. 1 , Article 40.
Available at: <https://digitalcommons.unomaha.edu/jrf/vol25/iss1/40>

This Slamdance Film Festival Review is brought to you for free and open access by DigitalCommons@UNO. It has been accepted for inclusion in Journal of Religion & Film by an authorized editor of DigitalCommons@UNO. For more information, please contact unodigitalcommons@unomaha.edu.

I Think It's Enough, Isn't It?

Abstract

This is a review of the short film, *I Think It's Enough, Isn't It?* (2021), directed by Emily Shir Segal.

Creative Commons License



This work is licensed under a [Creative Commons Attribution 4.0 License](https://creativecommons.org/licenses/by/4.0/).

Author Notes

William Blizek is the Founding Editor of the Journal of Religion and Film and is Emeritus Professor of Philosophy and Religion at the University of Nebraska-Omaha. He is also the editor of the *Continuum Companion to Religion and Film* (2009).



I Think It's Enough, Isn't It? (2021), dir. Emily Shir Segal

This film tells two stories at once. The first story is about the death of Emily Shir Segal's father. Her father had COVID-19 and a stroke. Emily is called to the hospital, but her father has already died. Because of the pandemic, she cannot see her father again. Someone asks Emily what she would like to say to her father. Emily responds: "I'd like to tell him I love him. I think that's enough, isn't it?" This, in itself, is a remarkable story of coming to terms with the loss of someone dear to you. Coming to terms, even in such profound circumstances, is as simple as saying "I love you."

The second story is told in pictures—videos of Emily with her father over the years. It's the story of a father and daughter being together and loving each other. The viewer immediately connects with these images in such a way that Emily's loss in the first story becomes our loss as well. It's as though the video images have caused the viewer to become part of the family and for us too, "that's enough, isn't it?"