Music Involvement with Medical Students Survey

IRB PROTOCOL # 326-20-EX

Please complete the survey below.

Thank you!

Dear Student:

You are being asked to participate in this research study because you are a currently enrolled student at the University of Nebraska Medical Center. The purpose of this study is to assess the prevalence of musicians, as well as the interest and availability of music performance opportunities.

Your participation is voluntary and you may withdraw at any time without penalty or repercussions. You will be asked to complete a questionnaire assessing your music background, current involvement in music, interests in music performances, and the effect of listening to and/or performing music. This survey should take approximately 10-15 minutes to complete.

In addition, you will be asked to participate in a follow-up interview to elaborate on your survey responses, personal effects of listening to music and/or performing music and explain factors that affect your interest in listening to or performing music. This will be conducted by a trained expert.

You will not receive any compensation for participating in this study; however, the information gathered may provide a better understanding of the interest in music performances among medical students and increase the availability of music performances for students to listen to or perform. Online questionnaires will be maintained in a password-protected database. Only members of the research team will have access to the study data.

By completing the questionnaires and participating in the interview, you are acknowledging that you have read and understood this consent form and are agreeing to participate in this research. If you have any specific questions or concerns before making an informed decision to participate, you may contact Alex Tu (alexander.tu@unmc.edu).

Thank you for your thoughtful consideration to participate in this research project.

What is your gender identity?

- Male
- Female
- Other
- Prefer Not to Answer

Please specify.

__________________________________
Race/Ethnicity

- American Indian or Alaska Native
- Asian
- Black or African American
- Hispanic or Latino
- Native Hawaiian or Other Pacific Islander
- White
- Other

Please specify
__________________________________

What is the highest degree or level of school you have completed prior to entering medical school?

- Bachelor's Degree (BA, BS)
- Master's Degree (MPH, MBA, etc.)
- Doctorate Degree (PhD, EdD, etc.)
- Professional Degree (PharmD, DDS, DVM, etc.)

Please select which college you are currently attending.

- College of Medicine
- College of Nursing
- College of Allied Health Professions
- College of Dentistry
- College of Pharmacy
- College of Public Health
- Graduate Studies
- Other

Please specify.
__________________________________

Which of the following best describes the area you live in?

- Urban
- Suburban
- Rural

What is your current marital status?

- Divorced
- Living with another
- Married
- Separated
- Single
- Widowed
- Rather not say

On average, how often do you listen to music?

- I rarely listen to music.
- Under an hour a day
- 1-2 hours a day
- 2-3 hours a day
- 3-4 hours a day
- 5+ hours a day

Do you have any background in music?

- Yes
- No
  (Examples include singing in church, taking formal piano lessons, performing in orchestra, etc.)

Did you receive formal/informal music training?

- Formal
- Informal
  (Examples of formal training include guitar lessons, piano lessons, singing class. Examples of informal training include singing in church choir, self-taught through online resources such as Youtube)
<table>
<thead>
<tr>
<th>Question</th>
<th>Options/Illustration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Please list the formal training you received by instruments, with years of training</td>
<td>(Example: Piano, 5 years; violin, 3 years)</td>
</tr>
<tr>
<td>Please describe what type of informal training you received:</td>
<td>(Examples: Youtube videos, church choirs, teaching applications like flowkey, etc.)</td>
</tr>
<tr>
<td>Do you still play/sing music?</td>
<td>Yes</td>
</tr>
<tr>
<td>In what type of setting do you play/sing music?</td>
<td>Alone</td>
</tr>
<tr>
<td>Select any of the reasons that would apply.</td>
<td>Not enough time, too busy</td>
</tr>
<tr>
<td>Do you perform music?</td>
<td>Yes</td>
</tr>
<tr>
<td>In what type of setting do you perform music?</td>
<td>Alone</td>
</tr>
<tr>
<td>Select any of the reasons that would apply.</td>
<td>Not enough time, too busy</td>
</tr>
<tr>
<td>Question</td>
<td>Options</td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
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</tr>
</tbody>
</table>
| What are your favorite genres of music? Select all that apply.           | - Classical/Instrumental  
- Country  
- Christian/Gospel  
- Pop  
- Hip-Hop/Rap  
- Alternative  
- Jazz  
- Electronic  
- Metal  
- Other |
| Please specify                                                          |                                                                         |
| What type of music do you typically listen to?                          | - Classical/Instrumental  
- Country  
- Christian/Gospel  
- Pop  
- Hip-Hop/Rap  
- Alternative  
- Jazz  
- Electronic  
- Metal  
- Other |
| Please specify                                                          |                                                                         |
| What type of music do you typically perform?                           | - Classical/Instrumental  
- Country  
- Christian/Gospel  
- Pop  
- Hip-Hop/Rap  
- Alternative  
- Jazz  
- Electronic  
- Metal  
- Other |
| Please specify                                                          |                                                                         |
| How many years have you performed music?                               | - 1 year  
- 2 year  
- 3 year  
- 4 year  
- 5 year  
- 6 year  
- 7 year  
- 8 year  
- 9 year  
- 10 year  
- More than 10 years |
| Please specify                                                          |                                                                         |
| Do you sing?                                                            | - Yes  
- No |

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<table>
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<th>Question</th>
<th>Response Options</th>
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</thead>
<tbody>
<tr>
<td>What instruments do you play?</td>
<td>(If you don't play an instrument, then leave this question blank.)</td>
</tr>
</tbody>
</table>
| Do you perform music in the local community?                            | ○ Yes  
○ No  
(Examples include church, hospital, nursing home, music organization like Sound Health, Nebraska Medical Orchestra, OAYO, Doc'apella, Red Banners, etc.) |
| Please list areas/venues you've performed at.                            | (Examples include church, hospital, nursing home, music organization like Sound Health, Nebraska Medical Orchestra, OAYO, Doc'apella, Red Banners/The Notochords, etc.) |
| Are you interested in learning how to play an instrument/sing, or participating in music performance opportunities? | ○ Yes  
○ No  
(Examples include singing in an acapella group even without formal training, performing at a local nursing home, etc.) |
| What limitations are preventing you from starting lessons?              | ☐ Too late to start  
☐ Not enough time  
☐ No access to instruments  
☐ Other |
<p>| Please specify.                                                         |                                                                                                            |</p>
<table>
<thead>
<tr>
<th><strong>Please select the option that most aligns with your opinion.</strong></th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Neutral</th>
<th>Agree</th>
<th>Strongly Agree</th>
<th>N/A</th>
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</thead>
<tbody>
<tr>
<td>There are ample opportunities to attend music performances at my academic medical center.</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>I wish there were more opportunities to attend music-related events at my academic medical center.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>I could easily find opportunities to perform music at my academic medical center if I wanted to.</td>
<td>○</td>
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<td>I would like to perform music during my medical education.</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<td>I would recommend having more music performance opportunities</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>Performing music is a great form of stress relief for me.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>Performing music is a form of self-entertainment.</td>
<td>○</td>
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<tr>
<td>Performing music greatly improves my wellbeing.</td>
<td>○</td>
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<td>It is important that I continue to perform music throughout my life.</td>
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<td>I believe my music performances provide entertainment for my audience.</td>
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<td>I believe my music performances create a connection with the audience.</td>
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<td>I believe my music performances provide stress relief for the audience.</td>
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<td>Listening to music is a great form of stress relief for me.</td>
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<td>It is important that I use music for stress relief.</td>
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Any final thoughts?
If you are interested in participating in a follow-up interview, please provide your name and e-mail address.

<table>
<thead>
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<th>Name</th>
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<tbody>
<tr>
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