Community Support & Personal Development

Open door mission
Western bowl
Mental health association
Education quest

The Makery
Reconnect Inc
Omaha Sports Club

Some info also by Nebraska Department of Correctional Services Reentry

-Use QR codes by scanning with phone camera to find out more information!
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Made by: Cambrie, Jeremy, Scott

Clubs

Omaha sports club is a great organization that hosts events and leagues for all kinds of sports

Summer golf hosted by OSC starts June 7th and is a 16 week club or 12 week
• Fridays at Elmwood golf course
• Starts at 4:45 pm
• $320.00 for the whole 16 week

Summer pool league (billiards) hosted by OSC goes from May until June
• 8 week doubles 8 ball pool league
• Thursdays starting may 9th 7-9pm
• Big Jhons billiards
• $25 per person 64 games

• Need to be a member to play in the clubs
• Sign-ups can be found on their website along with more events
  ▪ If you are looking for something more specific, try looking for a group on Facebook
Ways to have education work into your schedule:

- **Evening Courses** - For those who prefer to work during the day
- **Weekend Programs** - For those who prefer to do coursework on the weekends and get a degree that way
- **Accelerated Programs** - Allows you to earn a degree in a shorter and faster amount of time

Other ways include distance learning, online degree programs, independent study and more!

Education can help you get a better paid job and improve your lifestyle.

For free help with college planning, contact here:

**Omaha**
Rockbrook Village
11031 Elm Street
Call: 888-357-6300

**Lincoln**
1300 O Street
Call: 402-475-5222

Support Network

Do you have people, who are dependable and reliable?

- Develop a meaningful relationship with someone and care for them
- Communicate and spend time often with those people
- Spend less time with people, who cause stress or get in the way of your development

Establishing a social network:

Need support from outside your circle, peer support here:

**Omaha** – ReConnect inc.
Call: 402-934-4933

**Lincoln** - Mental Health Association of Nebraska
Call: 402-441-4382
Volunteering

Many great opportunities to help out community by volunteering!

Open Door Mission (shelters, feed hungry, homeless prevention, transformational programs, health and wellness)

Many ways to help! - serve lunch, baby buddies, donation centers, food prep, pack lunches, Etc!

❖ Volunteer application needed
❖ Walk in's welcome! - Timberlake outreach center Weds-Sat (9am-5pm), Elkhorn Tues-Sat (10am-5pm)
  Council Bluffs Tuesdays (9am-5pm)

Hobbies

A great hobby is art! Its great because you don’t have to be good at it to like it!

The Makery (12100 W Center Rd STE 1101, 68144) is an art center in Omaha and has many art projects for all ages!

Bowling is also another amazing hobby! It can be done recreationally, or even join and be in a league!

Western Bowl (4725 S 131st St, Omaha, Ne 68137) Mon-Thurs (9am-5pm & 9pm-close)
Fri (9am-3:30pm & 9pm-close) Sat (11am-5pm & 9pm-close) Sun (10am-4:30 & 8:45-close)
6$ a game and 3.50 for shoe rental