

Table 1. Six bad listening habits

Habit	Description
Faking attention	Pretending to listen to the speaker.
“I-get-the-facts” listening	Memorizing facts the speaker is presenting, rather than understanding the overall idea being presented.
Avoiding difficult listening	Tuning out when it becomes difficult to understand the information.
Premature dismissal of a subject as uninteresting	Tuning out when information becomes uninteresting.
Criticizing delivery and physical appearance	Dismissing a speaker based on a clothing choice, accent, speech defect or appearance, rather than based on the content of the information.
Yielding easily to distractions	Averting your attention from the speaker due to noise and/or uncomfortable conditions.

Source: Nichols, Ralph G. *Are You Listening?* (New York: McGraw-Hill, 1957), 104-112.